

# MEN HWT RESULTS

## Men HWT Bench results

#	Name	Team	Weight	Bench	Points
1	Sam Joyce	Maur Hill- Mount Academy	260.0	335.0	0
2	Abram Houghton	Troy	246.0	250.0	0
3	Mavrik Shafer	Hiawatha High School	245.0	240.0	0
4	Joe Beien	Maur Hill- Mount Academy	290.0	225.0	0
5	Matt Williams	Central Heights Vikings	370.0	210.0	0
6	Allen Hofman	Mission Valley Vikings	250.0	185.0	0
7	Keaton DePaola	Iola High School	283.0	170.0	0
8	Jaethan Carl	Jackson Heights High School	300.0	155.0	0
9	Aiden Welch	Central Heights Vikings	246.0	0	0

## Men HWT Squat results

#	Name	Team	Weight	Squat	Points
1	Abram Houghton	Troy	246.0	435.0	0
2	Mavrik Shafer	Hiawatha High School	245.0	405.0	0
3	Allen Hofman	Mission Valley Vikings	250.0	405.0	0
4	Sam Joyce	Maur Hill- Mount Academy	260.0	345.0	0
5	Jaethan Carl	Jackson Heights High School	300.0	330.0	0
6	Keaton DePaola	Iola High School	283.0	300.0	0
7	Matt Williams	Central Heights Vikings	370.0	275.0	0
8	Joe Beien	Maur Hill- Mount Academy	290.0	225.0	0
9	Aiden Welch	Central Heights Vikings	246.0	0	0

## Men HWT Clean results

#	Name	Team	Weight	Clean	Points
1	Sam Joyce	Maur Hill- Mount Academy	260.0	245.0	0
2	Abram Houghton	Troy	246.0	215.0	0
3	Mavrik Shafer	Hiawatha High School	245.0	185.0	0
4	Allen Hofman	Mission Valley Vikings	250.0	175.0	0
5	Keaton DePaola	Iola High School	283.0	165.0	0
6	Joe Beien	Maur Hill- Mount Academy	290.0	165.0	0
7	Jaethan Carl	Jackson Heights High School	300.0	165.0	0
8	Matt Williams	Central Heights Vikings	370.0	125.0	0
9	Aiden Welch	Central Heights Vikings	246.0	0	0

## Men HWT Overall results

#	Name	Team	Weight	Overall	Points
1	Sam Joyce	Maur Hill- Mount Academy	260.0	925.0	10
2	Abram Houghton	Troy	246.0	900.0	8
3	Mavrik Shafer	Hiawatha High School	245.0	830.0	6
4	Allen Hofman	Mission Valley Vikings	250.0	765.0	4
5	Jaethan Carl	Jackson Heights High School	300.0	650.0	2
6	Keaton DePaola	Iola High School	283.0	635.0	1
7	Joe Beien	Maur Hill- Mount Academy	290.0	615.0	0
8	Matt Williams	Central Heights Vikings	370.0	610.0	0
9	Aiden Welch	Central Heights Vikings	246.0	0	0