

# FEMALE 156.0 RESULTS

## Female 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Brenn Shryock	Tonganoxie	153.2	130.0	10
2	Tiana Thompson	NKCHS Hornets	153.9	125.0	8
3	Emmry Oldham	Basehor Linwood	154.2	110.0	6
4	Alli Johnson	Lansing Lions	155.2	110.0	4
5	Alexis Solomon	Lansing Lions	148.2	100.0	2
6	Sydney Gall	Basehor Linwood	150.0	100.0	1
7	Autumn Vincent	Tonganoxie	152.4	100.0	0
8	Maya Smith	Winnetonka HS	150.3	95.0	0

## Female 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Emmry Oldham	Basehor Linwood	154.2	235.0	10
2	Sydney Gall	Basehor Linwood	150.0	230.0	8
3	Maya Smith	Winnetonka HS	150.3	210.0	6
4	Tiana Thompson	NKCHS Hornets	153.9	210.0	4
5	Alli Johnson	Lansing Lions	155.2	205.0	2
6	Alexis Solomon	Lansing Lions	148.2	195.0	1
7	Brenn Shryock	Tonganoxie	153.2	180.0	0
8	Autumn Vincent	Tonganoxie	152.4	175.0	0

## Female 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Emmry Oldham	Basehor Linwood	154.2	165.0	10
2	Tiana Thompson	NKCHS Hornets	153.9	145.0	8

#	Name	Team	Weight	Clean	Points
3	Brenn Shryock	Tonganoxie	153.2	140.0	6
4	Autumn Vincent	Tonganoxie	152.4	130.0	4
5	Alli Johnson	Lansing Lions	155.2	125.0	2
6	Sydney Gall	Basehor Linwood	150.0	120.0	1
7	Alexis Solomon	Lansing Lions	148.2	115.0	0
8	Maya Smith	Winnetonka HS	150.3	105.0	0

## Female 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Emmry Oldham	Basehor Linwood	154.2	510.0	10
2	Tiana Thompson	NKCHS Hornets	153.9	480.0	8
3	Sydney Gall	Basehor Linwood	150.0	450.0	6
4	Brenn Shryock	Tonganoxie	153.2	450.0	4
5	Alli Johnson	Lansing Lions	155.2	440.0	2
6	Alexis Solomon	Lansing Lions	148.2	410.0	1
7	Maya Smith	Winnetonka HS	150.3	410.0	0
8	Autumn Vincent	Tonganoxie	152.4	405.0	0