

5A FEMALE PWR RESULTS

5A Female PWR Bench results

#	Name	Team	Weight	Bench	Points
1	Reyven McDonald	Bonner Springs High School	201.6	190.0	0
2	Haley Garnett	Olathe West Owls	215.4	180.0	0
3	Alli Stoddard	Bonner Springs High School	272.0	175.0	0
4	Grayce Martin	Lansing Lions	264.6	170.0	0
5	Cassie Cooks	McPherson	192.7	160.0	0
6	Alexis Mulvaney	Lansing Lions	220.2	160.0	0
7	Kendyl Anderson	Olathe West Owls	231.6	160.0	0
8	Tessa Lies	Kapaun Mt. Carmel	231.5	155.0	0
9	Hannah Domebo	Goddard High School	208.1	150.0	0
10	Katie Gray	Lansing Lions	201.4	140.0	0
11	GWEN SHAFER	Basehor Linwood	216.4	140.0	0
12	Whitney Aseyo	Lansing Lions	202.3	135.0	0
13	Kendal LeGrand	Goddard High School	202.9	135.0	0
14	JAIDEN SMITH	Basehor Linwood	229.5	135.0	0
15	Lynze Kotschegarow	Goddard High School	188.6	125.0	0
16	Claire Thagard	Olathe West Owls	260.4	115.0	0
17	Aubrey Dutton	Lansing Lions	206.4	110.0	0
18	Makaya Evans	LV Pioneers	253.6	105.0	0
19	Karley Masterson	Bonner Springs High School	258.9	100.0	0
20	Jaidyn Shide	Bonner Springs High School	181.5	95.0	0
21	Nancy Rhoads	Lansing Lions	183.7	90.0	0
22	Olivia Braunschweig	Lansing Lions	249.3	85.0	0

5A Female PWR Squat results

#	Name	Team	Weight	Squat	Points
1	Reyven McDonald	Bonner Springs High School	201.6	360.0	0
2	Kendyl Anderson	Olathe West Owls	231.6	350.0	0
3	JAIDEN SMITH	Basehor Linwood	229.5	345.0	0
4	Grayce Martin	Lansing Lions	264.6	325.0	0
5	Haley Garnett	Olathe West Owls	215.4	320.0	0
6	Cassie Cooks	McPherson	192.7	290.0	0
7	Whitney Aseyo	Lansing Lions	202.3	290.0	0
8	Claire Thagard	Olathe West Owls	260.4	280.0	0
9	Hannah Domebo	Goddard High School	208.1	265.0	0
10	Kendal LeGrand	Goddard High School	202.9	255.0	0
11	Katie Gray	Lansing Lions	201.4	225.0	0
12	Karley Masterson	Bonner Springs High School	258.9	220.0	0
13	Makaya Evans	LV Pioneers	253.6	215.0	0
14	Nancy Rhoads	Lansing Lions	183.7	145.0	0
15	Jaidyn Shide	Bonner Springs High School	181.5	0	0
16	Lynze Kotschegarow	Goddard High School	188.6	0	0
17	Aubrey Dutton	Lansing Lions	206.4	0	0
18	GWEN SHAFER	Basehor Linwood	216.4	0	0
19	Alexis Mulvaney	Lansing Lions	220.2	0	0
20	Tessa Lies	Kapaun Mt. Carmel	231.5	0	0
21	Olivia Braunschweig	Lansing Lions	249.3	0	0
22	Alli Stoddard	Bonner Springs High School	272.0	0	0

5A Female PWR Clean results

#	Name	Team	Weight	Clean	Points
1	Cassie Cooks	McPherson	192.7	215.0	0
2	Reyven McDonald	Bonner Springs High School	201.6	205.0	0
3	Kendyl Anderson	Olathe West Owls	231.6	195.0	0

#	Name	Team	Weight	Clean	Points
4	Grayce Martin	Lansing Lions	264.6	190.0	0
5	Haley Garnett	Olathe West Owls	215.4	180.0	0
6	JAIDEN SMITH	Basehor Linwood	229.5	165.0	0
7	Katie Gray	Lansing Lions	201.4	160.0	0
8	Tessa Lies	Kapaun Mt. Carmel	231.5	160.0	0
9	Hannah Domebo	Goddard High School	208.1	155.0	0
10	Kendal LeGrand	Goddard High School	202.9	150.0	0
11	Claire Thagard	Olathe West Owls	260.4	145.0	0
12	Lynze Kotschegarow	Goddard High School	188.6	130.0	0
13	Whitney Aseyo	Lansing Lions	202.3	120.0	0
14	Makaya Evans	LV Pioneers	253.6	105.0	0
15	Karley Masterson	Bonner Springs High School	258.9	105.0	0
16	Jaidyn Shide	Bonner Springs High School	181.5	95.0	0
17	Nancy Rhoads	Lansing Lions	183.7	85.0	0
18	Aubrey Dutton	Lansing Lions	206.4	0	0
19	GWEN SHAFER	Basehor Linwood	216.4	0	0
20	Alexis Mulvaney	Lansing Lions	220.2	0	0
21	Olivia Braunschweig	Lansing Lions	249.3	0	0
22	Alli Stoddard	Bonner Springs High School	272.0	0	0

5A Female PWR Overall results

#	Name	Team	Weight	Overall	Points
1	Reyven McDonald	Bonner Springs High School	201.6	755.0	10
2	Kendyl Anderson	Olathe West Owls	231.6	705.0	8
3	Grayce Martin	Lansing Lions	264.6	685.0	6
4	Haley Garnett	Olathe West Owls	215.4	680.0	4
5	Cassie Cooks	McPherson	192.7	665.0	2
6	JAIDEN SMITH	Basehor Linwood	229.5	645.0	1

#	Name	Team	Weight	Overall	Points
7	Hannah Domebo	Goddard High School	208.1	570.0	0
8	Whitney Aseyo	Lansing Lions	202.3	545.0	0
9	Kendal LeGrand	Goddard High School	202.9	540.0	0
10	Claire Thagard	Olathe West Owls	260.4	540.0	0
11	Katie Gray	Lansing Lions	201.4	525.0	0
12	Makaya Evans	LV Pioneers	253.6	425.0	0
13	Karley Masterson	Bonner Springs High School	258.9	425.0	0
14	Nancy Rhoads	Lansing Lions	183.7	320.0	0
15	Tessa Lies	Kapaun Mt. Carmel	231.5	315.0	0
16	Lynze Kotschegarow	Goddard High School	188.6	255.0	0
17	Jaidyn Shide	Bonner Springs High School	181.5	190.0	0
18	Alli Stoddard	Bonner Springs High School	272.0	175.0	0
19	Alexis Mulvaney	Lansing Lions	220.2	160.0	0
20	GWEN SHAFER	Basehor Linwood	216.4	140.0	0
21	Aubrey Dutton	Lansing Lions	206.4	110.0	0
22	Olivia Braunschweig	Lansing Lions	249.3	85.0	0