

MALE 156.0 RESULTS

Male 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Josh East	Larned	154.0	225.0	10
2	Dalton Beck	Central Plains	156.0	205.0	8
3	Sam Bretz	Hoxie	153.0	195.0	6
4	Jacob Smith	Larned	154.0	195.0	4
5	Austin Gladow	Larned	156.0	195.0	2
6	Brennan Staab	Plainville Cardinals	155.0	190.0	1
7	Skylar Bender	Russell County Schools USD 407	155.7	185.0	0
8	Nate Gabel	Ness City Eagles	156.0	170.0	0
9	Demetrio Flores	Southwestern Heights	151.5	165.0	0
10	Dylan Lamb	Ellsworth Bearcats	155.8	165.0	0
11	Kenneth Butler	Russell County Schools USD 407	153.0	155.0	0
12	Ethan Hubbard	Central Plains	155.0	155.0	0
13	Gavin Lennox	Cougars	152.3	145.0	0
14	Erik Perez	Cougars	152.1	135.0	0
15	Kaden Armbruster	Ellis	154.6	0	0

Male 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Kaden Armbruster	Ellis	154.6	365.0	10
2	Jacob Smith	Larned	154.0	330.0	8
3	Ethan Hubbard	Central Plains	155.0	320.0	6
4	Dalton Beck	Central Plains	156.0	315.0	4
5	Austin Gladow	Larned	156.0	310.0	2
6	Josh East	Larned	154.0	305.0	1

#	Name	Team	Weight	Squat	Points
7	Sam Bretz	Hoxie	153.0	300.0	0
8	Skylar Bender	Russell County Schools USD 407	155.7	285.0	0
9	Demetrio Flores	Southwestern Heights	151.5	280.0	0
10	Kenneth Butler	Russell County Schools USD 407	153.0	270.0	0
11	Nate Gabel	Ness City Eagles	156.0	265.0	0
12	Gavin Lennox	Cougars	152.3	250.0	0
13	Dylan Lamb	Ellsworth Bearcats	155.8	245.0	0
14	Erik Perez	Cougars	152.1	225.0	0
15	Brennan Staab	Plainville Cardinals	155.0	0	0

Male 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Josh East	Larned	154.0	250.0	10
2	Dalton Beck	Central Plains	156.0	250.0	8
3	Skylar Bender	Russell County Schools USD 407	155.7	245.0	6
4	Austin Gladow	Larned	156.0	245.0	4
5	Jacob Smith	Larned	154.0	230.0	2
6	Sam Bretz	Hoxie	153.0	200.0	1
7	Brennan Staab	Plainville Cardinals	155.0	195.0	0
8	Ethan Hubbard	Central Plains	155.0	195.0	0
9	Dylan Lamb	Ellsworth Bearcats	155.8	195.0	0
10	Nate Gabel	Ness City Eagles	156.0	195.0	0
11	Demetrio Flores	Southwestern Heights	151.5	155.0	0
12	Kenneth Butler	Russell County Schools USD 407	153.0	150.0	0
13	Erik Perez	Cougars	152.1	145.0	0
14	Gavin Lennox	Cougars	152.3	135.0	0
15	Kaden Armbruster	Ellis	154.6	0	0

Male 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Josh East	Larned	154.0	780.0	10
2	Dalton Beck	Central Plains	156.0	770.0	8
3	Jacob Smith	Larned	154.0	755.0	6
4	Austin Gladow	Larned	156.0	750.0	4
5	Skylar Bender	Russell County Schools USD 407	155.7	715.0	2
6	Sam Bretz	Hoxie	153.0	695.0	1
7	Ethan Hubbard	Central Plains	155.0	670.0	0
8	Nate Gabel	Ness City Eagles	156.0	630.0	0
9	Dylan Lamb	Ellsworth Bearcats	155.8	605.0	0
10	Demetrio Flores	Southwestern Heights	151.5	600.0	0
11	Kenneth Butler	Russell County Schools USD 407	153.0	575.0	0
12	Gavin Lennox	Cougars	152.3	530.0	0
13	Erik Perez	Cougars	152.1	505.0	0
14	Brennan Staab	Plainville Cardinals	155.0	385.0	0
15	Kaden Armbruster	Ellis	154.6	365.0	0