

# WOMEN 156.0 RESULTS

## Women 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Jaden Carlson	Pawnee Heights	153.0	125.0	10
2	Monique Asebedo	Ashland Jr./Sr. High School	156.0	75.0	8

## Women 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Jaden Carlson	Pawnee Heights	153.0	210.0	10
2	Monique Asebedo	Ashland Jr./Sr. High School	156.0	135.0	8

## Women 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Jaden Carlson	Pawnee Heights	153.0	160.0	10
2	Monique Asebedo	Ashland Jr./Sr. High School	156.0	95.0	8

## Women 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Jaden Carlson	Pawnee Heights	153.0	495.0	10
2	Monique Asebedo	Ashland Jr./Sr. High School	156.0	305.0	8