

# FEMALE 156.0 RESULTS

## Female 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Seana Decker	Central Plains	156.0	125.0	10
2	Shelby Bisnette	Larned	149.0	115.0	8
3	Keighlee Wilken	Ellis	150.2	100.0	6
4	Nikki Taylor	Larned	152.0	95.0	4
5	Kelsey Kinderknecht	Trego	151.2	85.0	2

## Female 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Seana Decker	Central Plains	156.0	205.0	10
2	Keighlee Wilken	Ellis	150.2	190.0	8
3	Shelby Bisnette	Larned	149.0	185.0	6
4	Nikki Taylor	Larned	152.0	175.0	4
5	Kelsey Kinderknecht	Trego	151.2	145.0	2

## Female 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Seana Decker	Central Plains	156.0	125.0	10
2	Nikki Taylor	Larned	152.0	120.0	8
3	Shelby Bisnette	Larned	149.0	110.0	6
4	Keighlee Wilken	Ellis	150.2	110.0	4
5	Kelsey Kinderknecht	Trego	151.2	110.0	2

## Female 156.0 Overall results

<b>#</b>	<b>Name</b>	<b>Team</b>	<b>Weight</b>	<b>Overall</b>	<b>Points</b>
1	Seana Decker	Central Plains	156.0	455.0	10
2	Shelby Bisnette	Larned	149.0	410.0	8
3	Keighlee Wilken	Ellis	150.2	400.0	6
4	Nikki Taylor	Larned	152.0	390.0	4
5	Kelsey Kinderknecht	Trego	151.2	340.0	2