

MALE 220.0 RESULTS

Male 220.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Josh Carter	Wichita Northwest	213.4	365.0	0
2	Ben Trauernicht	Mill Valley	202.0	335.0	0
3	Aaron Woods	Pittsburg	206.6	315.0	0
4	Ruben Porras	Newton	213.0	295.0	0
5	Burton Schindler	Kapaun Mt. Carmel	206.0	285.0	0
6	Christian Werne	Kapaun Mt. Carmel	208.0	260.0	0
7	Aren Trost	McPherson High School	213.4	255.0	0
8	Josh Albertson	Eisenhower Tigers	219.0	250.0	0
9	Zac Daher	Wichita Northwest	211.6	250.0	0
10	Liam Smith	Kapaun Mt. Carmel	212.8	245.0	0
11	Ethan Mullen	Valley Center High School	201.0	240.0	0
12	Logan Buffo	Lansing Lions	200.6	235.0	0
13	Ben Warner	Valley Center High School	215.4	230.0	0
14	Darren Nguyen	Valley Center High School	204.6	215.0	0
15	Brock Brown	Lansing Lions	208.8	215.0	0
16	Christian Last	Lansing Lions	212.4	210.0	0
17	Andru Gnuthake	Lansing Lions	214.2	210.0	0
18	Jimmie Roe	Hays High School	218.2	205.0	0
19	Brody Steele	Goddard High School	211.0	200.0	0
20	Chris Nickelson	Pittsburg	215.0	200.0	0
21	Ruben Ortiz	Goddard High School	208.2	195.0	0
22	Karson Russell	Hays High School	217.4	195.0	0
23	Thomas Coker	Hays High School	213.8	195.0	0
24	James Myers	Pioneers	209.0	190.0	0
25	Josh McGuire	Lansing Lions	217.2	190.0	0

Male 220.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Josh Carter	Wichita Northwest	213.4	485.0	0
2	Burton Schindler	Kapaun Mt. Carmel	206.0	470.0	0
3	Ben Trauernicht	Mill Valley	202.0	440.0	0
4	Aaron Woods	Pittsburg	206.6	415.0	0
5	Darren Nguyen	Valley Center High School	204.6	405.0	0
6	Aren Trost	McPherson High School	213.4	405.0	0
7	Logan Buffo	Lansing Lions	200.6	375.0	0
8	Josh McGuire	Lansing Lions	217.2	375.0	0
9	Zac Daher	Wichita Northwest	211.6	365.0	0
10	Josh Albertson	Eisenhower Tigers	219.0	360.0	0
11	Ruben Ortiz	Goddard High School	208.2	355.0	0
12	Brody Steele	Goddard High School	211.0	335.0	0
13	Liam Smith	Kapaun Mt. Carmel	212.8	330.0	0
14	Andru Gnuthake	Lansing Lions	214.2	320.0	0
15	James Myers	Pioneers	209.0	315.0	0
16	Ethan Mullen	Valley Center High School	201.0	315.0	0
17	Christian Last	Lansing Lions	212.4	315.0	0
18	Ruben Porras	Newton	213.0	315.0	0
19	Brock Brown	Lansing Lions	208.8	285.0	0
20	Karson Russell	Hays High School	217.4	260.0	0
21	Thomas Coker	Hays High School	213.8	245.0	0
22	Christian Werne	Kapaun Mt. Carmel	208.0	0	0
23	Chris Nickelson	Pittsburg	215.0	0	0
24	Ben Warner	Valley Center High School	215.4	0	0
25	Jimmie Roe	Hays High School	218.2	0	0

Male 220.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Aren Trost	McPherson High School	213.4	335.0	0
2	Ben Trauernicht	Mill Valley	202.0	305.0	0
3	Josh Carter	Wichita Northwest	213.4	285.0	0
4	Burton Schindler	Kapaun Mt. Carmel	206.0	275.0	0
5	Aaron Woods	Pittsburg	206.6	270.0	0
6	Ethan Mullen	Valley Center High School	201.0	255.0	0
7	Christian Werne	Kapaun Mt. Carmel	208.0	255.0	0
8	Liam Smith	Kapaun Mt. Carmel	212.8	250.0	0
9	Logan Buffo	Lansing Lions	200.6	250.0	0
10	Ben Warner	Valley Center High School	215.4	235.0	0
11	Brock Brown	Lansing Lions	208.8	230.0	0
12	Zac Daher	Wichita Northwest	211.6	225.0	0
13	Jimmie Roe	Hays High School	218.2	215.0	0
14	Josh Albertson	Eisenhower Tigers	219.0	215.0	0
15	Ruben Ortiz	Goddard High School	208.2	210.0	0
16	Brody Steele	Goddard High School	211.0	210.0	0
17	Ruben Porras	Newton	213.0	205.0	0
18	Darren Nguyen	Valley Center High School	204.6	205.0	0
19	James Myers	Pioneers	209.0	205.0	0
20	Andru Gnuthake	Lansing Lions	214.2	200.0	0
21	Christian Last	Lansing Lions	212.4	195.0	0
22	Chris Nickelson	Pittsburg	215.0	195.0	0
23	Thomas Coker	Hays High School	213.8	185.0	0
24	Karson Russell	Hays High School	217.4	175.0	0
25	Josh McGuire	Lansing Lions	217.2	0	0

Male 220.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Josh Carter	Wichita Northwest	213.4	1135.0	10
2	Ben Trauernicht	Mill Valley	202.0	1080.0	8
3	Burton Schindler	Kapaun Mt. Carmel	206.0	1030.0	6
4	Aaron Woods	Pittsburg	206.6	1000.0	4
5	Aren Trost	McPherson High School	213.4	995.0	2
6	Logan Buffo	Lansing Lions	200.6	860.0	1
7	Zac Daher	Wichita Northwest	211.6	840.0	0
8	Liam Smith	Kapaun Mt. Carmel	212.8	825.0	0
9	Darren Nguyen	Valley Center High School	204.6	825.0	0
10	Josh Albertson	Eisenhower Tigers	219.0	825.0	0
11	Ruben Porras	Newton	213.0	815.0	0
12	Ethan Mullen	Valley Center High School	201.0	810.0	0
13	Ruben Ortiz	Goddard High School	208.2	760.0	0
14	Brody Steele	Goddard High School	211.0	745.0	0
15	Andru Gnuthake	Lansing Lions	214.2	730.0	0
16	Brock Brown	Lansing Lions	208.8	730.0	0
17	Christian Last	Lansing Lions	212.4	720.0	0
18	James Myers	Pioneers	209.0	710.0	0
19	Karson Russell	Hays High School	217.4	630.0	0
20	Thomas Coker	Hays High School	213.8	625.0	0
21	Josh McGuire	Lansing Lions	217.2	565.0	0
22	Christian Werne	Kapaun Mt. Carmel	208.0	515.0	0
23	Ben Warner	Valley Center High School	215.4	465.0	0
24	Jimmie Roe	Hays High School	218.2	420.0	0
25	Chris Nickelson	Pittsburg	215.0	395.0	0