

# WOMEN'S 181.0 RESULTS

## Women's 181.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Ava Youngdahl	Maize South High School	180.0	115.0	10
2	Adri Smith	Kapaun Mt Carmel High School	173.8	75.0	8

## Women's 181.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Ava Youngdahl	Maize South High School	180.0	240.0	10
2	Adri Smith	Kapaun Mt Carmel High School	173.8	140.0	8

## Women's 181.0 Deadlift results

#	Name	Team	Weight	Deadlift	Points
1	Ava Youngdahl	Maize South High School	180.0	290.0	10
2	Adri Smith	Kapaun Mt Carmel High School	173.8	170.0	8

## Women's 181.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Ava Youngdahl	Maize South High School	180.0	645.0	10
2	Adri Smith	Kapaun Mt Carmel High School	173.8	385.0	8

## Women's 181.0 Ratio results

#	Name	Team	Weight	Ratio	Points
3	Ava Youngdahl	Maize South High School	180.0	3.583	
13	Adri Smith	Kapaun Mt Carmel High School	173.8	2.215	