

WOMEN'S 165.0 RESULTS

Women's 165.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Karli Frost	Central Plains	162.9	130.0	10
2	Emmabelle Bowen	Chase High School	165.0	90.0	8
3	Ashlynn Whitney	Plainville Cardinals	163.0	0.0	0

Women's 165.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Karli Frost	Central Plains	162.9	240.0	10
2	Emmabelle Bowen	Chase High School	165.0	180.0	8
3	Ashlynn Whitney	Plainville Cardinals	163.0	0.0	0

Women's 165.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Karli Frost	Central Plains	162.9	145.0	10
2	Emmabelle Bowen	Chase High School	165.0	95.0	8
3	Ashlynn Whitney	Plainville Cardinals	163.0	0.0	0

Women's 165.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Karli Frost	Central Plains	162.9	515.0	10
2	Emmabelle Bowen	Chase High School	165.0	365.0	8
3	Ashlynn Whitney	Plainville Cardinals	163.0	0.0	0