

WOMENS 123.0 RESULTS

Womens 123.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Ellah Stirton	Horton Chargers	122.3	125.0	
2	Avery Adcock	Valley Falls High School	118.0	90.0	
3	Marley Nickelson	Jackson Heights High School	123.0	85.0	
4	Lilly Wichman	Jackson Heights High School	122.8	75.0	

Womens 123.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Avery Adcock	Valley Falls High School	118.0	245.0	
2	Ellah Stirton	Horton Chargers	122.3	215.0	
3	Lilly Wichman	Jackson Heights High School	122.8	175.0	
4	Marley Nickelson	Jackson Heights High School	123.0	175.0	

Womens 123.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Ellah Stirton	Horton Chargers	122.3	140.0	
2	Avery Adcock	Valley Falls High School	118.0	105.0	
3	Lilly Wichman	Jackson Heights High School	122.8	105.0	
4	Marley Nickelson	Jackson Heights High School	123.0	85.0	

Womens 123.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Ellah Stirton	Horton Chargers	122.3	480.0	10
2	Avery Adcock	Valley Falls High School	118.0	440.0	8

#	Name	Team	Weight	Overall	Points
3	Lilly Wichman	Jackson Heights High School	122.8	355.0	6
4	Marley Nickelson	Jackson Heights High School	123.0	345.0	4

Womens 123.0 Ratio results

#	Name	Team	Weight	Ratio	Points
1	Ellah Stirton	Horton Chargers	122.3	3.925	
4	Avery Adcock	Valley Falls High School	118.0	3.729	
14	Lilly Wichman	Jackson Heights High School	122.8	2.891	
16	Marley Nickelson	Jackson Heights High School	123.0	2.805	