

WOMEN'S 156.0 RESULTS

Women's 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Alex Marks	Gardner Edgerton High School	156.0	155.0	
2	Kat Meyer	De Soto High School	153.9	140.0	
3	Kayleigh Williamson	Tonganoxie	149.6	130.0	
4	Brinley Boyes	Riverton High School	156.0	130.0	
5	DANICA POWELL	Basehor Linwood	154.8	125.0	
6	REGAN RUISINGER	Basehor Linwood	155.2	110.0	
7	Megan Nickelson	Lansing High School	150.4	105.0	
8	Elle Perez	Gardner Edgerton High School	156.0	95.0	
9	KARA SKINNER	Basehor Linwood	151.2	85.0	
10	Natalie Navarro	Pembroke Hill School	155.0	80.0	
11	FALASTEEN SHALABI	Basehor Linwood	151.8	0.0	

Women's 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Alex Marks	Gardner Edgerton High School	156.0	270.0	
2	DANICA POWELL	Basehor Linwood	154.8	245.0	
3	Kat Meyer	De Soto High School	153.9	235.0	
4	REGAN RUISINGER	Basehor Linwood	155.2	230.0	
5	Brinley Boyes	Riverton High School	156.0	220.0	
6	Megan Nickelson	Lansing High School	150.4	195.0	
7	KARA SKINNER	Basehor Linwood	151.2	190.0	
8	Natalie Navarro	Pembroke Hill School	155.0	185.0	
9	Kayleigh Williamson	Tonganoxie	149.6	170.0	
10	FALASTEEN SHALABI	Basehor Linwood	151.8	0.0	

#	Name	Team	Weight	Squat	Points
11	Elle Perez	Gardner Edgerton High School	156.0	0.0	

Women's 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	DANICA POWELL	Basehor Linwood	154.8	190.0	
2	REGAN RUISINGER	Basehor Linwood	155.2	165.0	
3	Alex Marks	Gardner Edgerton High School	156.0	165.0	
4	Kat Meyer	De Soto High School	153.9	160.0	
5	FALASTEEN SHALABI	Basehor Linwood	151.8	145.0	
6	Megan Nickelson	Lansing High School	150.4	135.0	
7	Elle Perez	Gardner Edgerton High School	156.0	135.0	
8	Brinley Boyes	Riverton High School	156.0	125.0	
9	Kayleigh Williamson	Tonganoxie	149.6	100.0	
10	Natalie Navarro	Pembroke Hill School	155.0	100.0	
11	KARA SKINNER	Basehor Linwood	151.2	95.0	

Women's 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Alex Marks	Gardner Edgerton High School	156.0	590.0	10
2	DANICA POWELL	Basehor Linwood	154.8	560.0	8
3	Kat Meyer	De Soto High School	153.9	535.0	6
4	REGAN RUISINGER	Basehor Linwood	155.2	505.0	4
5	Brinley Boyes	Riverton High School	156.0	475.0	2
6	Megan Nickelson	Lansing High School	150.4	435.0	1
7	Kayleigh Williamson	Tonganoxie	149.6	400.0	0
8	KARA SKINNER	Basehor Linwood	151.2	370.0	0
9	Natalie Navarro	Pembroke Hill School	155.0	365.0	0
10	Elle Perez	Gardner Edgerton High School	156.0	230.0	0

#	Name	Team	Weight	Overall	Points
11	FALASTEEN SHALABI	Basehor Linwood	151.8	145.0	0

Women's 156.0 Ratio results

#	Name	Team	Weight	Ratio	Points
3	Alex Marks	Gardner Edgerton High School	156.0	3.782	
6	DANICA POWELL	Basehor Linwood	154.8	3.618	
8	Kat Meyer	De Soto High School	153.9	3.476	
13	REGAN RUISINGER	Basehor Linwood	155.2	3.254	
17	Brinley Boyes	Riverton High School	156.0	3.045	
19	Megan Nickelson	Lansing High School	150.4	2.892	
26	Kayleigh Williamson	Tonganoxie	149.6	2.674	
29	KARA SKINNER	Basehor Linwood	151.2	2.447	
34	Natalie Navarro	Pembroke Hill School	155.0	2.355	
48	Elle Perez	Gardner Edgerton High School	156.0	1.474	
50	FALASTEEN SHALABI	Basehor Linwood	151.8	0.955	