

WOMEN 165.0 RESULTS

women 165.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Karli Frost	Central Plains	163.0	135.0	10
2	Kyla Howard	Cheylin	165.0	115.0	8
3	Anelyse Thompson	Syracuse High School	163.1	100.0	6
4	Blayke Stithem	Stockton Tiger Ambush	165.0	95.0	4
5	Helen Prewo	Oberlin	160.0	90.0	2
6	Brianna Whipple	Dighton High School	158.6	70.0	1
7	Kelsie Weishaar	Halstead High School	165.0	0.0	0

women 165.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Karli Frost	Central Plains	163.0	240.0	10
2	Kyla Howard	Cheylin	165.0	210.0	8
3	Anelyse Thompson	Syracuse High School	163.1	195.0	6
4	Helen Prewo	Oberlin	160.0	185.0	4
5	Blayke Stithem	Stockton Tiger Ambush	165.0	165.0	2
6	Brianna Whipple	Dighton High School	158.6	140.0	1
7	Kelsie Weishaar	Halstead High School	165.0	0.0	0

women 165.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Karli Frost	Central Plains	163.0	140.0	10
2	Helen Prewo	Oberlin	160.0	120.0	8
3	Kyla Howard	Cheylin	165.0	100.0	6

#	Name	Team	Weight	Clean	Points
4	Anelyse Thompson	Syracuse High School	163.1	95.0	4
5	Blayke Stithem	Stockton Tiger Ambush	165.0	90.0	2
6	Brianna Whipple	Dighton High School	158.6	70.0	1
7	Kelsie Weishaar	Halstead High School	165.0	0.0	0

women 165.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Karli Frost	Central Plains	163.0	515.0	10
2	Kyla Howard	Cheylin	165.0	425.0	8
3	Helen Prewo	Oberlin	160.0	395.0	6
4	Anelyse Thompson	Syracuse High School	163.1	390.0	4
5	Blayke Stithem	Stockton Tiger Ambush	165.0	350.0	2
6	Brianna Whipple	Dighton High School	158.6	280.0	1
7	Kelsie Weishaar	Halstead High School	165.0	0.0	0