

# MEN'S 220.0 RESULTS

## Men's 220.0 Bench results

| # | Name              | Team                       | Weight | Bench | Points |
|---|-------------------|----------------------------|--------|-------|--------|
| 1 | Lucas Oaks        | Horton Chargers            | 210.3  | 285.0 |        |
| 2 | Samuel Sitting Up | Valley Falls High School   | 202.0  | 245.0 |        |
| 3 | Alex Burris       | Pleasant Ridge High School | 207.6  | 240.0 |        |
| 4 | McKendan O'Neal   | Oskaloosa High School      | 213.0  | 230.0 |        |
| 5 | Zyler Peak        | Oskaloosa High School      | 202.0  | 205.0 |        |
| 6 | William Adkins    | Pleasant Ridge High School | 216.2  | 155.0 |        |

## Men's 220.0 Squat results

| # | Name              | Team                       | Weight | Squat | Points |
|---|-------------------|----------------------------|--------|-------|--------|
| 1 | Lucas Oaks        | Horton Chargers            | 210.3  | 450.0 |        |
| 2 | McKendan O'Neal   | Oskaloosa High School      | 213.0  | 385.0 |        |
| 3 | Zyler Peak        | Oskaloosa High School      | 202.0  | 365.0 |        |
| 4 | Alex Burris       | Pleasant Ridge High School | 207.6  | 365.0 |        |
| 5 | Samuel Sitting Up | Valley Falls High School   | 202.0  | 325.0 |        |
| 6 | William Adkins    | Pleasant Ridge High School | 216.2  | 320.0 |        |

## Men's 220.0 Clean results

| # | Name              | Team                       | Weight | Clean | Points |
|---|-------------------|----------------------------|--------|-------|--------|
| 1 | McKendan O'Neal   | Oskaloosa High School      | 213.0  | 260.0 |        |
| 2 | Alex Burris       | Pleasant Ridge High School | 207.6  | 245.0 |        |
| 3 | Zyler Peak        | Oskaloosa High School      | 202.0  | 235.0 |        |
| 4 | Lucas Oaks        | Horton Chargers            | 210.3  | 215.0 |        |
| 5 | Samuel Sitting Up | Valley Falls High School   | 202.0  | 185.0 |        |
| 6 | William Adkins    | Pleasant Ridge High School | 216.2  | 145.0 |        |

## Men's 220.0 Overall results

| # | Name              | Team                       | Weight | Overall | Points |
|---|-------------------|----------------------------|--------|---------|--------|
| 1 | Lucas Oaks        | Horton Chargers            | 210.3  | 950.0   | 10     |
| 2 | McKendan O'Neal   | Oskaloosa High School      | 213.0  | 875.0   | 8      |
| 3 | Alex Burris       | Pleasant Ridge High School | 207.6  | 850.0   | 6      |
| 4 | Zyler Peak        | Oskaloosa High School      | 202.0  | 805.0   | 4      |
| 5 | Samuel Sitting Up | Valley Falls High School   | 202.0  | 755.0   | 2      |
| 6 | William Adkins    | Pleasant Ridge High School | 216.2  | 620.0   | 1      |

## Men's 220.0 Ratio results

| #  | Name              | Team                       | Weight | Ratio | Points |
|----|-------------------|----------------------------|--------|-------|--------|
| 19 | Lucas Oaks        | Horton Chargers            | 210.3  | 4.517 |        |
| 29 | McKendan O'Neal   | Oskaloosa High School      | 213.0  | 4.108 |        |
| 31 | Alex Burris       | Pleasant Ridge High School | 207.6  | 4.094 |        |
| 35 | Zyler Peak        | Oskaloosa High School      | 202.0  | 3.985 |        |
| 41 | Samuel Sitting Up | Valley Falls High School   | 202.0  | 3.738 |        |
| 54 | William Adkins    | Pleasant Ridge High School | 216.2  | 2.868 |        |