

WOMENS 148.0 RESULTS

Womens 148.0 Bench results

| # | Name | Team | Weight | Bench | Points |
|---|------------------|--------------------------|--------|-------|--------|
| 1 | Kaniya Henderson | Campus Colts | 145.6 | 150.0 | 10 |
| 2 | Kayla Frost | Campus Colts | 147.3 | 135.0 | 8 |
| 3 | Emarie Hoelscher | Maize South High School | 143.2 | 125.0 | 6 |
| 4 | Alanna Comer | Wichita East High School | 144.5 | 110.0 | 4 |

Womens 148.0 Squat results

| # | Name | Team | Weight | Squat | Points |
|---|------------------|--------------------------|--------|-------|--------|
| 1 | Kaniya Henderson | Campus Colts | 145.6 | 260.0 | 10 |
| 2 | Emarie Hoelscher | Maize South High School | 143.2 | 225.0 | 8 |
| 3 | Alanna Comer | Wichita East High School | 144.5 | 220.0 | 6 |
| 4 | Kayla Frost | Campus Colts | 147.3 | 200.0 | 4 |

Womens 148.0 Deadlift results

| # | Name | Team | Weight | Deadlift | Points |
|---|------------------|--------------------------|--------|----------|--------|
| 1 | Kaniya Henderson | Campus Colts | 145.6 | 365.0 | 10 |
| 2 | Alanna Comer | Wichita East High School | 144.5 | 300.0 | 8 |
| 3 | Emarie Hoelscher | Maize South High School | 143.2 | 235.0 | 6 |
| 4 | Kayla Frost | Campus Colts | 147.3 | 225.0 | 4 |

Womens 148.0 Overall results

| # | Name | Team | Weight | Overall | Points |
|---|------------------|--------------------------|--------|---------|--------|
| 1 | Kaniya Henderson | Campus Colts | 145.6 | 775.0 | 10 |
| 2 | Alanna Comer | Wichita East High School | 144.5 | 630.0 | 8 |
| 3 | Emarie Hoelscher | Maize South High School | 143.2 | 585.0 | 6 |

| # | Name | Team | Weight | Overall | Points |
|---|-------------|--------------|--------|---------|--------|
| 4 | Kayla Frost | Campus Colts | 147.3 | 560.0 | 4 |

Womens 148.0 Ratio results

| # | Name | Team | Weight | Ratio | Points |
|----|------------------|--------------------------|--------|-------|--------|
| 1 | Kaniya Henderson | Campus Colts | 145.6 | 5.323 | |
| 6 | Alanna Comer | Wichita East High School | 144.5 | 4.36 | |
| 10 | Emarie Hoelscher | Maize South High School | 143.2 | 4.085 | |
| 15 | Kayla Frost | Campus Colts | 147.3 | 3.802 | |