

JUNIOR MENS 156.0 RESULTS

Junior Mens 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Jose Ramirez	Dighton High School	154.5	185.0	10
2	Jarret Shapland	Dighton High School	155.0	155.0	8
3	Aven Hernandez	Elkhart Wildcats	154.5	135.0	6

Junior Mens 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Jose Ramirez	Dighton High School	154.5	260.0	10
2	Jarret Shapland	Dighton High School	155.0	245.0	8
3	Aven Hernandez	Elkhart Wildcats	154.5	210.0	6

Junior Mens 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Jarret Shapland	Dighton High School	155.0	180.0	10
2	Jose Ramirez	Dighton High School	154.5	175.0	8
3	Aven Hernandez	Elkhart Wildcats	154.5	120.0	6

Junior Mens 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Jose Ramirez	Dighton High School	154.5	620.0	10
2	Jarret Shapland	Dighton High School	155.0	580.0	8
3	Aven Hernandez	Elkhart Wildcats	154.5	465.0	6

Junior Mens 156.0 Ratio results

#	Name	Team	Weight	Ratio	Points
3	Jose Ramirez	Dighton High School	154.5	4.013	
4	Jarret Shapland	Dighton High School	155.0	3.742	
22	Aven Hernandez	Elkhart Wildcats	154.5	3.01	