

HIGH SCHOOL MENS (11-12) 173.0 RESULTS

High School Mens (11-12) 173.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Micah Amphone	Kapaun Mt. Carmel	172.0	315.0	10
2	Luke Novak	Campus Colts	170.0	275.0	8
3	Alex Joseph	Campus Colts	167.0	235.0	6
4	Wesley Liggett	Pratt High School	169.3	235.0	4
5	Skyler Thimesch	Cunningham High School	172.3	235.0	2
6	Parker Thornton	Wellington High School	171.4	225.0	1
7	Jack Soschinske	Kapaun Mt. Carmel	172.0	220.0	0
8	Dante Henley	Central Burden	168.0	0.0	0
9	William Caswell	Sedan High School	172.0	0.0	0

High School Mens (11-12) 173.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Micah Amphone	Kapaun Mt. Carmel	172.0	505.0	10
2	Parker Thornton	Wellington High School	171.4	385.0	8
3	Skyler Thimesch	Cunningham High School	172.3	385.0	6
4	Luke Novak	Campus Colts	170.0	380.0	4
5	Wesley Liggett	Pratt High School	169.3	365.0	2
6	Alex Joseph	Campus Colts	167.0	360.0	1
7	Jack Soschinske	Kapaun Mt. Carmel	172.0	265.0	0
8	Dante Henley	Central Burden	168.0	0.0	0
9	William Caswell	Sedan High School	172.0	0.0	0

High School Mens (11-12) 173.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Wesley Liggett	Pratt High School	169.3	265.0	10
2	Parker Thornton	Wellington High School	171.4	265.0	8
3	Luke Novak	Campus Colts	170.0	250.0	6
4	Micah Amphone	Kapaun Mt. Carmel	172.0	245.0	4
5	Skyler Thimesch	Cunningham High School	172.3	200.0	2
6	Alex Joseph	Campus Colts	167.0	190.0	1
7	Jack Soschinske	Kapaun Mt. Carmel	172.0	165.0	0
8	Dante Henley	Central Burden	168.0	0.0	0
9	William Caswell	Sedan High School	172.0	0.0	0

High School Mens (11-12) 173.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Micah Amphone	Kapaun Mt. Carmel	172.0	1065.0	10
2	Luke Novak	Campus Colts	170.0	905.0	8
3	Parker Thornton	Wellington High School	171.4	875.0	6
4	Wesley Liggett	Pratt High School	169.3	865.0	4
5	Skyler Thimesch	Cunningham High School	172.3	820.0	2
6	Alex Joseph	Campus Colts	167.0	785.0	1
7	Jack Soschinske	Kapaun Mt. Carmel	172.0	650.0	0
8	Dante Henley	Central Burden	168.0	0.0	0
9	William Caswell	Sedan High School	172.0	0.0	0

High School Mens (11-12) 173.0 Ratio results

#	Name	Team	Weight	Ratio	Points
1	Micah Amphone	Kapaun Mt. Carmel	172.0	6.192	
11	Luke Novak	Campus Colts	170.0	5.324	
13	Wesley Liggett	Pratt High School	169.3	5.109	
14	Parker Thornton	Wellington High School	171.4	5.105	

#	Name	Team	Weight	Ratio	Points
26	Skyler Thimesch	Cunningham High School	172.3	4.759	
30	Alex Joseph	Campus Colts	167.0	4.701	
72	Jack Soschinske	Kapaun Mt. Carmel	172.0	3.779	
104	Dante Henley	Central Burden	168.0	0.0	
110	William Caswell	Sedan High School	172.0	0.0	