

# WOMENS 148.0 RESULTS

## Womens 148.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Stella Simon	Syracuse High School	147.0	155.0	
2	Maria Peltzer	Maur Hill- Mount Academy	143.0	140.0	
3	Morgan Koester	Conway Springs High School	146.6	130.0	
4	Lucy Noll	JCN	141.6	120.0	
5	Valeria Ortega	Stanton County Trojans	147.0	115.0	
6	Delaney Jones	Conway Springs High School	140.2	110.0	
7	Yuliana Balderrama	Stanton County Trojans	142.0	105.0	
8	Joslin Bartelson	Conway Springs High School	144.2	105.0	
9	Deena Rochat	Syracuse High School	141.8	100.0	
10	Shaun Nickelson	Valley Falls High School	142.0	100.0	
11	Lilly Mitchell	Rossville Bulldawgs	146.9	85.0	
12	Lizzie Calsing	Valley Falls High School	146.0	0.0	

## Womens 148.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Maria Peltzer	Maur Hill- Mount Academy	143.0	240.0	
2	Stella Simon	Syracuse High School	147.0	240.0	
3	Lucy Noll	JCN	141.6	220.0	
4	Deena Rochat	Syracuse High School	141.8	220.0	
5	Delaney Jones	Conway Springs High School	140.2	210.0	
6	Morgan Koester	Conway Springs High School	146.6	210.0	
7	Valeria Ortega	Stanton County Trojans	147.0	195.0	
8	Yuliana Balderrama	Stanton County Trojans	142.0	180.0	
9	Lilly Mitchell	Rossville Bulldawgs	146.9	175.0	

#	Name	Team	Weight	Squat	Points
10	Shaun Nickelson	Valley Falls High School	142.0	170.0	
11	Joslin Bartelson	Conway Springs High School	144.2	150.0	
12	Lizzie Calsing	Valley Falls High School	146.0	0.0	

## Womens 148.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Stella Simon	Syracuse High School	147.0	170.0	
2	Maria Peltzer	Maur Hill- Mount Academy	143.0	150.0	
3	Morgan Koester	Conway Springs High School	146.6	145.0	
4	Shaun Nickelson	Valley Falls High School	142.0	125.0	
5	Joslin Bartelson	Conway Springs High School	144.2	125.0	
6	Lucy Noll	JCN	141.6	120.0	
7	Deena Rochat	Syracuse High School	141.8	120.0	
8	Lizzie Calsing	Valley Falls High School	146.0	120.0	
9	Delaney Jones	Conway Springs High School	140.2	115.0	
10	Lilly Mitchell	Rossville Bulldawgs	146.9	115.0	
11	Valeria Ortega	Stanton County Trojans	147.0	105.0	
12	Yuliana Balderrama	Stanton County Trojans	142.0	95.0	

## Womens 148.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Stella Simon	Syracuse High School	147.0	565.0	10
2	Maria Peltzer	Maur Hill- Mount Academy	143.0	530.0	8
3	Morgan Koester	Conway Springs High School	146.6	485.0	6
4	Lucy Noll	JCN	141.6	460.0	4
5	Deena Rochat	Syracuse High School	141.8	440.0	2
6	Delaney Jones	Conway Springs High School	140.2	435.0	1
7	Valeria Ortega	Stanton County Trojans	147.0	415.0	0

#	Name	Team	Weight	Overall	Points
8	Shaun Nickelson	Valley Falls High School	142.0	395.0	0
9	Yuliana Balderrama	Stanton County Trojans	142.0	380.0	0
10	Joslin Bartelson	Conway Springs High School	144.2	380.0	0
11	Lilly Mitchell	Rossville Bulldawgs	146.9	375.0	0
12	Lizzie Calsing	Valley Falls High School	146.0	120.0	0

## Womens 148.0 Ratio results

#	Name	Team	Weight	Ratio	Points
1	Stella Simon	Syracuse High School	147.0	3.844	
2	Maria Peltzer	Maur Hill- Mount Academy	143.0	3.706	
8	Morgan Koester	Conway Springs High School	146.6	3.308	
10	Lucy Noll	JCN	141.6	3.249	
11	Deena Rochat	Syracuse High School	141.8	3.103	
12	Delaney Jones	Conway Springs High School	140.2	3.103	
16	Valeria Ortega	Stanton County Trojans	147.0	2.823	
17	Shaun Nickelson	Valley Falls High School	142.0	2.782	
20	Yuliana Balderrama	Stanton County Trojans	142.0	2.676	
23	Joslin Bartelson	Conway Springs High School	144.2	2.635	
26	Lilly Mitchell	Rossville Bulldawgs	146.9	2.553	
42	Lizzie Calsing	Valley Falls High School	146.0	0.822	