# JR WOMENS (7-9TH GRADE) PWR RESULTS

### JR Womens (7-9th Grade) PWR Bench results

| # | Name                | Team                          | Weight | Bench | Points |
|---|---------------------|-------------------------------|--------|-------|--------|
| 1 | Bri King            | Conway Springs High School    | 170.6  | 160.0 | 10     |
| 2 | Hayden Sinclair     | st. paul high school          | 213.0  | 140.0 | 8      |
| 3 | Isabella Villalobos | Council Grove                 | 245.0  | 130.0 | 6      |
| 4 | Kaydence Mcleary    | Stanton County Trojans        | 151.0  | 125.0 | 4      |
| 5 | Kady Ochsner        | Goddard High School           | 172.2  | 115.0 | 2      |
| 6 | Lilly Lawless       | Belle Plaine Dragons          | 149.0  | 105.0 | 1      |
| 7 | Charis Umeri        | Wichita Northwest High School | 157.0  | 105.0 | 0      |
| 8 | Rosalee Lange       | Conway Springs High School    | 165.0  | 70.0  | 0      |

# JR Womens (7-9th Grade) PWR Squat results

| # | Name                | Team                          | Weight | Squat | Points |
|---|---------------------|-------------------------------|--------|-------|--------|
| 1 | Hayden Sinclair     | st. paul high school          | 213.0  | 285.0 | 10     |
| 2 | Kady Ochsner        | Goddard High School           | 172.2  | 255.0 | 8      |
| 3 | Bri King            | Conway Springs High School    | 170.6  | 225.0 | 6      |
| 4 | Kaydence Mcleary    | Stanton County Trojans        | 151.0  | 210.0 | 4      |
| 5 | Charis Umeri        | Wichita Northwest High School | 157.0  | 195.0 | 2      |
| 6 | Isabella Villalobos | Council Grove                 | 245.0  | 195.0 | 1      |
| 7 | Lilly Lawless       | Belle Plaine Dragons          | 149.0  | 190.0 | 0      |
| 8 | Rosalee Lange       | Conway Springs High School    | 165.0  | 120.0 | 0      |

## JR Womens (7-9th Grade) PWR Clean results

| # | Name                | Team                          | Weight | Clean | Points |
|---|---------------------|-------------------------------|--------|-------|--------|
| 1 | Bri King            | Conway Springs High School    | 170.6  | 160.0 | 10     |
| 2 | Hayden Sinclair     | st. paul high school          | 213.0  | 150.0 | 8      |
| 3 | Kady Ochsner        | Goddard High School           | 172.2  | 120.0 | 6      |
| 4 | Charis Umeri        | Wichita Northwest High School | 157.0  | 115.0 | 4      |
| 5 | Isabella Villalobos | Council Grove                 | 245.0  | 115.0 | 2      |
| 6 | Kaydence Mcleary    | Stanton County Trojans        | 151.0  | 100.0 | 1      |
| 7 | Lilly Lawless       | Belle Plaine Dragons          | 149.0  | 85.0  | 0      |
| 8 | Rosalee Lange       | Conway Springs High School    | 165.0  | 80.0  | 0      |

### JR Womens (7-9th Grade) PWR Overall results

| # | Name                | Team                          | Weight | Overall | Points |
|---|---------------------|-------------------------------|--------|---------|--------|
| 1 | Bri King            | Conway Springs High School    | 170.6  | 545.0   |        |
| 2 | Hayden Sinclair     | st. paul high school          | 213.0  | 575.0   |        |
| 3 | Kady Ochsner        | Goddard High School           | 172.2  | 490.0   |        |
| 4 | Kaydence Mcleary    | Stanton County Trojans        | 151.0  | 435.0   |        |
| 5 | Isabella Villalobos | Council Grove                 | 245.0  | 440.0   |        |
| 6 | Charis Umeri        | Wichita Northwest High School | 157.0  | 415.0   |        |
| 7 | Lilly Lawless       | Belle Plaine Dragons          | 149.0  | 380.0   |        |
| 8 | Rosalee Lange       | Conway Springs High School    | 165.0  | 270.0   |        |

# JR Womens (7-9th Grade) PWR Ratio results

| #  | Name             | Team                          | Weight | Ratio | Points |
|----|------------------|-------------------------------|--------|-------|--------|
| 3  | Bri King         | Conway Springs High School    | 170.6  | 3.195 |        |
| 4  | Kaydence Mcleary | Stanton County Trojans        | 151.0  | 2.881 |        |
| 5  | Kady Ochsner     | Goddard High School           | 172.2  | 2.846 |        |
| 8  | Hayden Sinclair  | st. paul high school          | 213.0  | 2.7   |        |
| 9  | Charis Umeri     | Wichita Northwest High School | 157.0  | 2.643 |        |
| 10 | Lilly Lawless    | Belle Plaine Dragons          | 149.0  | 2.55  |        |

| #  | Name                | Team                       | Weight | Ratio | Points |
|----|---------------------|----------------------------|--------|-------|--------|
| 16 | Isabella Villalobos | Council Grove              | 245.0  | 1.796 |        |
| 17 | Rosalee Lange       | Conway Springs High School | 165.0  | 1.636 |        |