

# WOMEN'S 156.0 RESULTS

## Women's 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Tyjha Henderson	Royal Valley	152.0	135.0	
2	Mallorie Ruff	Hodgeman County	149.0	125.0	
3	Jaina Smith	Haven High School	153.6	120.0	
4	Addison Beyer	Silver Lake High School	154.0	115.0	
5	Taylor Bamberger	Hodgeman County	149.6	105.0	
6	Ainsley Morrison	Royal Valley	152.0	105.0	
7	Aidan Lonnberg	Hodgeman County	152.6	105.0	
8	Emma Vogel	Oskaloosa High School	151.0	95.0	
9	Dasia Hermreck	West Franklin High School	150.5	90.0	
10	Marlee Vande Velde	Silver Lake High School	154.0	90.0	
11	Katie Bond	Oskaloosa High School	151.0	75.0	
12	Trulee Jim	Royal Valley	156.0	0.0	

## Women's 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Tyjha Henderson	Royal Valley	152.0	230.0	
2	Jaina Smith	Haven High School	153.6	230.0	
3	Aidan Lonnberg	Hodgeman County	152.6	220.0	
4	Addison Beyer	Silver Lake High School	154.0	215.0	
5	Ainsley Morrison	Royal Valley	152.0	205.0	
6	Mallorie Ruff	Hodgeman County	149.0	180.0	
7	Taylor Bamberger	Hodgeman County	149.6	175.0	
8	Katie Bond	Oskaloosa High School	151.0	175.0	
9	Marlee Vande Velde	Silver Lake High School	154.0	175.0	

#	Name	Team	Weight	Squat	Points
10	Emma Vogel	Oskaloosa High School	151.0	155.0	
11	Dasia Hermreck	West Franklin High School	150.5	115.0	
12	Trulee Jim	Royal Valley	156.0	0.0	

## Women's 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Addison Beyer	Silver Lake High School	154.0	165.0	
2	Tyjha Henderson	Royal Valley	152.0	160.0	
3	Jaina Smith	Haven High School	153.6	152.0	
4	Taylor Bamberger	Hodgeman County	149.6	140.0	
5	Mallorie Ruff	Hodgeman County	149.0	135.0	
6	Katie Bond	Oskaloosa High School	151.0	115.0	
6	Emma Vogel	Oskaloosa High School	151.0	115.0	
8	Aidan Lonnberg	Hodgeman County	152.6	115.0	
9	Marlee Vande Velde	Silver Lake High School	154.0	115.0	
10	Ainsley Morrison	Royal Valley	152.0	110.0	
11	Dasia Hermreck	West Franklin High School	150.5	85.0	
12	Trulee Jim	Royal Valley	156.0	0.0	

## Women's 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Tyjha Henderson	Royal Valley	152.0	525.0	10
2	Jaina Smith	Haven High School	153.6	502.0	8
3	Addison Beyer	Silver Lake High School	154.0	495.0	6
4	Mallorie Ruff	Hodgeman County	149.0	440.0	4
5	Aidan Lonnberg	Hodgeman County	152.6	440.0	2
6	Taylor Bamberger	Hodgeman County	149.6	420.0	1
7	Ainsley Morrison	Royal Valley	152.0	420.0	0

<b>#</b>	<b>Name</b>	<b>Team</b>	<b>Weight</b>	<b>Overall</b>	<b>Points</b>
8	Marlee Vande Velde	Silver Lake High School	154.0	380.0	0
9	Katie Bond	Oskaloosa High School	151.0	365.0	0
9	Emma Vogel	Oskaloosa High School	151.0	365.0	0
11	Dasia Hermreck	West Franklin High School	150.5	290.0	0
12	Trulee Jim	Royal Valley	156.0	0.0	0