## MEN'S PWR RESULTS

## Men's PWR Bench results

| #  | Name               | Team                              | Weight | Bench | Points |
|----|--------------------|-----------------------------------|--------|-------|--------|
| 1  | Couper Buchanan    | Wellington High School            | 266.6  | 315.0 |        |
| 2  | Austin Fulton      | Wichita East High School          | 330.2  | 300.0 |        |
| 3  | Caden Beard        | Andover High School               | 265.0  | 285.0 |        |
| 4  | Brody Weir         | Wellington High School            | 248.8  | 280.0 |        |
| 5  | Roman Gage         | Valley Center Hornets             | 283.0  | 275.0 |        |
| 6  | Valente Saenz      | Goddard High School               | 250.2  | 265.0 |        |
| 7  | Nolan Hadley       | Maize High                        | 267.1  | 265.0 |        |
| 8  | Maddox Miller      | Wellington High School            | 262.5  | 260.0 |        |
| 9  | Sawyer richmond    | Wellington High School            | 311.0  | 260.0 |        |
| 10 | Ethan Nguyen       | Wichita East High School          | 289.0  | 245.0 |        |
| 11 | Tristain McQueen   | Goddard High School               | 255.6  | 235.0 |        |
| 12 | Conrad Litton      | Maize High                        | 262.0  | 235.0 |        |
| 13 | Keaden Dolezal     | Wellington High School            | 250.1  | 225.0 |        |
| 14 | Jayden Ronk        | Maize High                        | 252.3  | 225.0 |        |
| 15 | Sean Nicolas       | Andover High School               | 330.0  | 215.0 |        |
| 16 | Ethan Dillman      | Valley Center Hornets             | 275.0  | 185.0 |        |
| 17 | Boston Bernd       | Wellington High School            | 275.6  | 185.0 |        |
| 18 | Liam Cook          | Maize High                        | 298.6  | 185.0 |        |
| 19 | Cody Scott         | Goddard High School               | 255.9  | 160.0 |        |
| 20 | Henry Sample       | Newton High School                | 259.0  | 155.0 |        |
| 21 | Miguel Hernandez   | Clay Center Community High School | 261.0  | 150.0 |        |
| 22 | Tavish Morse       | Syracuse High School              | 309.4  | 150.0 |        |
| 23 | KADEN CRAFTON      | COLUMBUS                          | 280.0  | 135.0 |        |
| 24 | Juan Casimiro      | Lawrence High School              | 290.0  | 0.0   |        |
| 25 | Dimitri Washington | Maize High                        | 315.0  | 0.0   |        |

## Men's PWR Squat results

| #  | Name               | Team                              | Weight | Squat | Points |
|----|--------------------|-----------------------------------|--------|-------|--------|
| 1  | Austin Fulton      | Wichita East High School          | 330.2  | 600.0 |        |
| 2  | Couper Buchanan    | Wellington High School            | 266.6  | 580.0 |        |
| 3  | Maddox Miller      | Wellington High School            | 262.5  | 465.0 |        |
| 4  | Ethan Dillman      | Valley Center Hornets             | 275.0  | 465.0 |        |
| 5  | Roman Gage         | Valley Center Hornets             | 283.0  | 460.0 |        |
| 6  | Keaden Dolezal     | Wellington High School            | 250.1  | 450.0 |        |
| 7  | Ethan Nguyen       | Wichita East High School          | 289.0  | 445.0 |        |
| 8  | Nolan Hadley       | Maize High                        | 267.1  | 425.0 |        |
| 9  | Valente Saenz      | Goddard High School               | 250.2  | 405.0 |        |
| 10 | Caden Beard        | Andover High School               | 265.0  | 405.0 |        |
| 11 | Sawyer richmond    | Wellington High School            | 311.0  | 380.0 |        |
| 12 | Sean Nicolas       | Andover High School               | 330.0  | 370.0 |        |
| 13 | Tristain McQueen   | Goddard High School               | 255.6  | 365.0 |        |
| 14 | Boston Bernd       | Wellington High School            | 275.6  | 350.0 |        |
| 15 | Jayden Ronk        | Maize High                        | 252.3  | 335.0 |        |
| 16 | Juan Casimiro      | Lawrence High School              | 290.0  | 335.0 |        |
| 17 | Conrad Litton      | Maize High                        | 262.0  | 315.0 |        |
| 18 | Liam Cook          | Maize High                        | 298.6  | 305.0 |        |
| 19 | Henry Sample       | Newton High School                | 259.0  | 275.0 |        |
| 20 | KADEN CRAFTON      | COLUMBUS                          | 280.0  | 275.0 |        |
| 21 | Tavish Morse       | Syracuse High School              | 309.4  | 250.0 |        |
| 22 | Miguel Hernandez   | Clay Center Community High School | 261.0  | 245.0 |        |
| 23 | Cody Scott         | Goddard High School               | 255.9  | 225.0 |        |
| 24 | Brody Weir         | Wellington High School            | 248.8  | 0.0   |        |
| 25 | Dimitri Washington | Maize High                        | 315.0  | 0.0   |        |

## Men's PWR Clean results

| #  | Name               | Team                              | Weight | Clean | Points |
|----|--------------------|-----------------------------------|--------|-------|--------|
| 1  | Couper Buchanan    | Wellington High School            | 266.6  | 345.0 |        |
| 2  | Caden Beard        | Andover High School               | 265.0  | 300.0 |        |
| 3  | Keaden Dolezal     | Wellington High School            | 250.1  | 280.0 |        |
| 4  | Roman Gage         | Valley Center Hornets             | 283.0  | 275.0 |        |
| 5  | Austin Fulton      | Wichita East High School          | 330.2  | 275.0 |        |
| 6  | Nolan Hadley       | Maize High                        | 267.1  | 265.0 |        |
| 7  | Ethan Dillman      | Valley Center Hornets             | 275.0  | 250.0 |        |
| 8  | Maddox Miller      | Wellington High School            | 262.5  | 230.0 |        |
| 9  | Ethan Nguyen       | Wichita East High School          | 289.0  | 225.0 |        |
| 10 | Sean Nicolas       | Andover High School               | 330.0  | 225.0 |        |
| 11 | Conrad Litton      | Maize High                        | 262.0  | 220.0 |        |
| 12 | Tristain McQueen   | Goddard High School               | 255.6  | 205.0 |        |
| 13 | Valente Saenz      | Goddard High School               | 250.2  | 195.0 |        |
| 14 | Jayden Ronk        | Maize High                        | 252.3  | 195.0 |        |
| 15 | Boston Bernd       | Wellington High School            | 275.6  | 195.0 |        |
| 16 | Tavish Morse       | Syracuse High School              | 309.4  | 190.0 |        |
| 17 | Liam Cook          | Maize High                        | 298.6  | 185.0 |        |
| 18 | Sawyer richmond    | Wellington High School            | 311.0  | 165.0 |        |
| 19 | Henry Sample       | Newton High School                | 259.0  | 155.0 |        |
| 20 | Cody Scott         | Goddard High School               | 255.9  | 145.0 |        |
| 21 | KADEN CRAFTON      | COLUMBUS                          | 280.0  | 135.0 |        |
| 22 | Miguel Hernandez   | Clay Center Community High School | 261.0  | 115.0 |        |
| 23 | Brody Weir         | Wellington High School            | 248.8  | 0.0   |        |
| 24 | Juan Casimiro      | Lawrence High School              | 290.0  | 0.0   |        |
| 25 | Dimitri Washington | Maize High                        | 315.0  | 0.0   |        |

Men's PWR Overall results

| #  | Name               | Team                              | Weight | Overall | Points |
|----|--------------------|-----------------------------------|--------|---------|--------|
| 1  | Couper Buchanan    | Wellington High School            | 266.6  | 1240.0  | 10     |
| 2  | Austin Fulton      | Wichita East High School          | 330.2  | 1175.0  | 8      |
| 3  | Roman Gage         | Valley Center Hornets             | 283.0  | 1010.0  | 6      |
| 4  | Caden Beard        | Andover High School               | 265.0  | 990.0   | 4      |
| 5  | Keaden Dolezal     | Wellington High School            | 250.1  | 955.0   | 2      |
| 6  | Maddox Miller      | Wellington High School            | 262.5  | 955.0   | 1      |
| 7  | Nolan Hadley       | Maize High                        | 267.1  | 955.0   | 0      |
| 8  | Ethan Nguyen       | Wichita East High School          | 289.0  | 915.0   | 0      |
| 9  | Ethan Dillman      | Valley Center Hornets             | 275.0  | 900.0   | 0      |
| 10 | Valente Saenz      | Goddard High School               | 250.2  | 865.0   | 0      |
| 11 | Sean Nicolas       | Andover High School               | 330.0  | 810.0   | 0      |
| 12 | Tristain McQueen   | Goddard High School               | 255.6  | 805.0   | 0      |
| 13 | Sawyer richmond    | Wellington High School            | 311.0  | 805.0   | 0      |
| 14 | Conrad Litton      | Maize High                        | 262.0  | 770.0   | 0      |
| 15 | Jayden Ronk        | Maize High                        | 252.3  | 755.0   | 0      |
| 16 | Boston Bernd       | Wellington High School            | 275.6  | 730.0   | 0      |
| 17 | Liam Cook          | Maize High                        | 298.6  | 675.0   | 0      |
| 18 | Tavish Morse       | Syracuse High School              | 309.4  | 590.0   | 0      |
| 19 | Henry Sample       | Newton High School                | 259.0  | 585.0   | 0      |
| 20 | KADEN CRAFTON      | COLUMBUS                          | 280.0  | 545.0   | 0      |
| 21 | Cody Scott         | Goddard High School               | 255.9  | 530.0   | 0      |
| 22 | Miguel Hernandez   | Clay Center Community High School | 261.0  | 510.0   | 0      |
| 23 | Juan Casimiro      | Lawrence High School              | 290.0  | 335.0   | 0      |
| 24 | Brody Weir         | Wellington High School            | 248.8  | 280.0   | 0      |
| 25 | Dimitri Washington | Maize High                        | 315.0  | 0.0     | 0      |

Men's PWR Ratio results

| #   | Name               | Team                              | Weight | Ratio | Points |
|-----|--------------------|-----------------------------------|--------|-------|--------|
| 24  | Couper Buchanan    | Wellington High School            | 266.6  | 4.651 |        |
| 74  | Keaden Dolezal     | Wellington High School            | 250.1  | 3.818 |        |
| 77  | Caden Beard        | Andover High School               | 265.0  | 3.736 |        |
| 80  | Maddox Miller      | Wellington High School            | 262.5  | 3.638 |        |
| 82  | Nolan Hadley       | Maize High                        | 267.1  | 3.575 |        |
| 83  | Roman Gage         | Valley Center Hornets             | 283.0  | 3.569 |        |
| 86  | Austin Fulton      | Wichita East High School          | 330.2  | 3.558 |        |
| 93  | Valente Saenz      | Goddard High School               | 250.2  | 3.457 |        |
| 105 | Ethan Dillman      | Valley Center Hornets             | 275.0  | 3.273 |        |
| 111 | Ethan Nguyen       | Wichita East High School          | 289.0  | 3.166 |        |
| 113 | Tristain McQueen   | Goddard High School               | 255.6  | 3.149 |        |
| 116 | Jayden Ronk        | Maize High                        | 252.3  | 2.992 |        |
| 117 | Conrad Litton      | Maize High                        | 262.0  | 2.939 |        |
| 127 | Boston Bernd       | Wellington High School            | 275.6  | 2.649 |        |
| 129 | Sawyer richmond    | Wellington High School            | 311.0  | 2.588 |        |
| 134 | Sean Nicolas       | Andover High School               | 330.0  | 2.455 |        |
| 140 | Liam Cook          | Maize High                        | 298.6  | 2.261 |        |
| 141 | Henry Sample       | Newton High School                | 259.0  | 2.259 |        |
| 145 | Cody Scott         | Goddard High School               | 255.9  | 2.071 |        |
| 147 | Miguel Hernandez   | Clay Center Community High School | 261.0  | 1.954 |        |
| 148 | KADEN CRAFTON      | COLUMBUS                          | 280.0  | 1.946 |        |
| 149 | Tavish Morse       | Syracuse High School              | 309.4  | 1.907 |        |
| 156 | Juan Casimiro      | Lawrence High School              | 290.0  | 1.155 |        |
| 157 | Brody Weir         | Wellington High School            | 248.8  | 1.125 |        |
| 162 | Dimitri Washington | Maize High                        | 315.0  | 0.0   |        |