

WOMEN'S 163.0 RESULTS

Women's 163.0 Bench results

| # | Name | Team | Weight | Bench | Points |
|---|----------------|------------------------------|--------|-------|--------|
| 1 | Ah'Mia Huber | JCN | 152.0 | 120.0 | |
| 2 | Abrie Handke | Atchison County Community HS | 155.0 | 110.0 | |
| 3 | Lizzie Calsing | Valley Falls High School | 156.0 | 105.0 | |
| 4 | Rylee McGaughy | Oskaloosa High School | 157.0 | 85.0 | |
| 5 | Reese McMeans | McLouth High School | 159.2 | 85.0 | |
| 6 | Alexis Barnes | McLouth High School | 152.2 | 80.0 | |
| 7 | Gertie Matile | McLouth High School | 158.7 | 65.0 | |
| 8 | Olivia Puckett | Pleasant Ridge High School | 163.0 | 45.0 | |

Women's 163.0 Squat results

| # | Name | Team | Weight | Squat | Points |
|---|----------------|------------------------------|--------|-------|--------|
| 1 | Ah'Mia Huber | JCN | 152.0 | 215.0 | |
| 2 | Abrie Handke | Atchison County Community HS | 155.0 | 185.0 | |
| 3 | Lizzie Calsing | Valley Falls High School | 156.0 | 175.0 | |
| 4 | Reese McMeans | McLouth High School | 159.2 | 165.0 | |
| 5 | Alexis Barnes | McLouth High School | 152.2 | 145.0 | |
| 6 | Rylee McGaughy | Oskaloosa High School | 157.0 | 145.0 | |
| 7 | Olivia Puckett | Pleasant Ridge High School | 163.0 | 115.0 | |
| 8 | Gertie Matile | McLouth High School | 158.7 | 100.0 | |

Women's 163.0 Clean results

| # | Name | Team | Weight | Clean | Points |
|---|----------------|--------------------------|--------|-------|--------|
| 1 | Lizzie Calsing | Valley Falls High School | 156.0 | 130.0 | |
| 2 | Ah'Mia Huber | JCN | 152.0 | 120.0 | |

| # | Name | Team | Weight | Clean | Points |
|---|----------------|------------------------------|--------|-------|--------|
| 3 | Abrie Handke | Atchison County Community HS | 155.0 | 120.0 | |
| 4 | Reese McMeans | McLouth High School | 159.2 | 120.0 | |
| 5 | Rylee McGaughy | Oskaloosa High School | 157.0 | 100.0 | |
| 6 | Alexis Barnes | McLouth High School | 152.2 | 90.0 | |
| 7 | Olivia Puckett | Pleasant Ridge High School | 163.0 | 60.0 | |
| 8 | Gertie Matile | McLouth High School | 158.7 | 50.0 | |

Women's 163.0 Overall results

| # | Name | Team | Weight | Overall | Points |
|---|----------------|------------------------------|--------|---------|--------|
| 1 | Ah'Mia Huber | JCN | 152.0 | 455.0 | 10 |
| 2 | Abrie Handke | Atchison County Community HS | 155.0 | 415.0 | 8 |
| 3 | Lizzie Calsing | Valley Falls High School | 156.0 | 410.0 | 6 |
| 4 | Reese McMeans | McLouth High School | 159.2 | 370.0 | 4 |
| 5 | Rylee McGaughy | Oskaloosa High School | 157.0 | 330.0 | 2 |
| 6 | Alexis Barnes | McLouth High School | 152.2 | 315.0 | 1 |
| 7 | Olivia Puckett | Pleasant Ridge High School | 163.0 | 220.0 | 0 |
| 8 | Gertie Matile | McLouth High School | 158.7 | 215.0 | 0 |