

# WOMEN'S 148.0 RESULTS

## Women's 148.0 Bench results

#	Name	Team	Weight	Bench	Points
1	MAKAYLA FAULKNER	Basehor Linwood	143.2	150.0	10
2	Josie Denney	Lansing High School	147.0	145.0	8
3	Tyjha Henderson	Royal Valley	146.5	135.0	6
4	Grace Brewer	Lansing High School	141.8	130.0	4
5	Katie Madden	Maur Hill- Mount Academy	147.5	125.0	2
6	PAYTON ADKINS	Basehor Linwood	141.2	120.0	1
7	Hayden Pheral	Lansing High School	145.4	115.0	0
8	Laykin Kramer	JCN	143.0	110.0	0
9	Piper Chartier	Horton Chargers	145.2	110.0	0
10	Kyah Bell	Chapman High School	145.6	110.0	0
11	Adyson Icke	Lansing High School	141.2	100.0	0
12	Megan Nickleson	Lansing High School	142.4	95.0	0
13	AVERY SPELLMAN	Basehor Linwood	145.6	95.0	0
14	Katherine Whiteaker	Lansing High School	142.2	90.0	0
15	Avery Baragary	Lansing High School	145.2	85.0	0
16	ASHLEY HERNANDEZ	Basehor Linwood	145.8	85.0	0
17	JADA JOHNSON	Eudora HS CardinalSTRONG Powerlifting	145.0	80.0	0
18	Kirsten Smith	Horton Chargers	142.7	75.0	0
19	EMMA FLORY	Basehor Linwood	143.2	75.0	0
20	Katie Bond	Oskaloosa High School	146.0	75.0	0
21	Dasno Mills	Royal Valley	146.6	0.0	0
22	Madison Blackwood	Royal Valley	147.8	0.0	0

## Women's 148.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Josie Denney	Lansing High School	147.0	250.0	10
2	AVERY SPELLMAN	Basehor Linwood	145.6	235.0	8
3	Piper Chartier	Horton Chargers	145.2	225.0	6
4	Tyjha Henderson	Royal Valley	146.5	225.0	4
5	Adyson Icke	Lansing High School	141.2	220.0	2
6	MAKAYLA FAULKNER	Basehor Linwood	143.2	210.0	1
7	PAYTON ADKINS	Basehor Linwood	141.2	205.0	0
8	Grace Brewer	Lansing High School	141.8	205.0	0
9	Laykin Kramer	JCN	143.0	200.0	0
10	Kyah Bell	Chapman High School	145.6	200.0	0
11	Katie Madden	Maur Hill- Mount Academy	147.5	200.0	0
12	Katherine Whiteaker	Lansing High School	142.2	180.0	0
13	Dasno Mills	Royal Valley	146.6	170.0	0
14	Katie Bond	Oskaloosa High School	146.0	165.0	0
15	Hayden Pheral	Lansing High School	145.4	160.0	0
16	ASHLEY HERNANDEZ	Basehor Linwood	145.8	155.0	0
17	EMMA FLORY	Basehor Linwood	143.2	140.0	0
18	Avery Baragary	Lansing High School	145.2	135.0	0
19	Kirsten Smith	Horton Chargers	142.7	125.0	0
20	JADA JOHNSON	Eudora HS CardinalSTRONG Powerlifting	145.0	110.0	0
21	Megan Nickleson	Lansing High School	142.4	0.0	0
22	Madison Blackwood	Royal Valley	147.8	0.0	0

## Women's 148.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Piper Chartier	Horton Chargers	145.2	155.0	10
2	Grace Brewer	Lansing High School	141.8	145.0	8
3	Kyah Bell	Chapman High School	145.6	145.0	6

#	Name	Team	Weight	Clean	Points
4	MAKAYLA FAULKNER	Basehor Linwood	143.2	140.0	4
5	Tyjha Henderson	Royal Valley	146.5	140.0	2
6	PAYTON ADKINS	Basehor Linwood	141.2	125.0	1
7	Katie Bond	Oskaloosa High School	146.0	125.0	0
8	Megan Nickleson	Lansing High School	142.4	115.0	0
9	Laykin Kramer	JCN	143.0	115.0	0
10	AVERY SPELLMAN	Basehor Linwood	145.6	115.0	0
11	Josie Denney	Lansing High School	147.0	115.0	0
12	Madison Blackwood	Royal Valley	147.8	115.0	0
13	Adyson Icke	Lansing High School	141.2	110.0	0
14	Katie Madden	Maur Hill- Mount Academy	147.5	110.0	0
15	Hayden Pheral	Lansing High School	145.4	105.0	0
16	Katherine Whiteaker	Lansing High School	142.2	100.0	0
17	EMMA FLORY	Basehor Linwood	143.2	95.0	0
18	Avery Baragary	Lansing High School	145.2	95.0	0
19	ASHLEY HERNANDEZ	Basehor Linwood	145.8	95.0	0
20	Dasno Mills	Royal Valley	146.6	95.0	0
21	Kirsten Smith	Horton Chargers	142.7	85.0	0
22	JADA JOHNSON	Eudora HS CardinalSTRONG Powerlifting	145.0	70.0	0

## Women's 148.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Josie Denney	Lansing High School	147.0	510.0	10
2	MAKAYLA FAULKNER	Basehor Linwood	143.2	500.0	8
3	Tyjha Henderson	Royal Valley	146.5	500.0	6
4	Piper Chartier	Horton Chargers	145.2	490.0	4
5	Grace Brewer	Lansing High School	141.8	480.0	2
6	Kyah Bell	Chapman High School	145.6	455.0	1

#	Name	Team	Weight	Overall	Points
7	PAYTON ADKINS	Basehor Linwood	141.2	450.0	0
8	AVERY SPELLMAN	Basehor Linwood	145.6	445.0	0
9	Katie Madden	Maur Hill- Mount Academy	147.5	435.0	0
10	Adyson Icke	Lansing High School	141.2	430.0	0
11	Laykin Kramer	JCN	143.0	425.0	0
12	Hayden Pheral	Lansing High School	145.4	380.0	0
13	Katherine Whiteaker	Lansing High School	142.2	370.0	0
14	Katie Bond	Oskaloosa High School	146.0	365.0	0
15	ASHLEY HERNANDEZ	Basehor Linwood	145.8	335.0	0
16	Avery Baragary	Lansing High School	145.2	315.0	0
17	EMMA FLORY	Basehor Linwood	143.2	310.0	0
18	Kirsten Smith	Horton Chargers	142.7	285.0	0
19	Dasno Mills	Royal Valley	146.6	265.0	0
20	JADA JOHNSON	Eudora HS CardinalSTRONG Powerlifting	145.0	260.0	0
21	Megan Nickleson	Lansing High School	142.4	210.0	0
22	Madison Blackwood	Royal Valley	147.8	115.0	0

## Women's 148.0 Ratio results

#	Name	Team	Weight	Ratio	Points
22	MAKAYLA FAULKNER	Basehor Linwood	143.2	3.492	
23	Josie Denney	Lansing High School	147.0	3.469	
25	Tyjha Henderson	Royal Valley	146.5	3.413	
26	Grace Brewer	Lansing High School	141.8	3.385	
27	Piper Chartier	Horton Chargers	145.2	3.375	
39	PAYTON ADKINS	Basehor Linwood	141.2	3.187	
49	Kyah Bell	Chapman High School	145.6	3.125	
59	AVERY SPELLMAN	Basehor Linwood	145.6	3.056	
62	Adyson Icke	Lansing High School	141.2	3.045	

<b>#</b>	<b>Name</b>	<b>Team</b>	<b>Weight</b>	<b>Ratio</b>	<b>Points</b>
71	Laykin Kramer	JCN	143.0	2.972	
73	Katie Madden	Maur Hill- Mount Academy	147.5	2.949	
99	Hayden Pheral	Lansing High School	145.4	2.613	
102	Katherine Whiteaker	Lansing High School	142.2	2.602	
112	Katie Bond	Oskaloosa High School	146.0	2.5	
128	ASHLEY HERNANDEZ	Basehor Linwood	145.8	2.298	
136	Avery Baragary	Lansing High School	145.2	2.169	
137	EMMA FLORY	Basehor Linwood	143.2	2.165	
150	Kirsten Smith	Horton Chargers	142.7	1.997	
155	Dasno Mills	Royal Valley	146.6	1.808	
156	JADA JOHNSON	Eudora HS CardinalSTRONG Powerlifting	145.0	1.793	
165	Megan Nickleson	Lansing High School	142.4	1.475	
188	Madison Blackwood	Royal Valley	147.8	0.778	