# MEN'S 156.0 RESULTS

#### Men's 156.0 Bench results

| #  | Name              | Team                   | Weight | Bench | Points |
|----|-------------------|------------------------|--------|-------|--------|
| 1  | Maddox Shook      | Goddard High School    | 154.6  | 245.0 | 10     |
| 2  | Kyler Murphy      | Norwich High School    | 152.0  | 230.0 | 8      |
| 3  | Brantley Furrow   | Goddard High School    | 155.4  | 230.0 | 6      |
| 4  | River Cole        | Goddard High School    | 150.6  | 225.0 | 4      |
| 5  | Alexander Shirley | Maize High             | 151.5  | 225.0 | 2      |
| 6  | Clayton Cain      | Eisenhower high school | 155.0  | 205.0 | 1      |
| 7  | Brandon Johnson   | Goddard High School    | 153.8  | 190.0 | 0      |
| 8  | Caleb Sawyer      | Wellington High School | 154.1  | 190.0 | 0      |
| 9  | Connor Fuhrman    | Maize High             | 150.0  | 185.0 | 0      |
| 10 | LEMMIE STONE      | COLUMBUS               | 150.0  | 180.0 | 0      |
| 11 | Grant Giefer      | Wellington High School | 153.9  | 180.0 | 0      |
| 12 | Brekston Young    | Eisenhower high school | 155.0  | 180.0 | 0      |
| 13 | Stephen Baca      | Goddard High School    | 153.4  | 145.0 | 0      |

## Men's 156.0 Squat results

| # | Name              | Team                   | Weight | Squat | Points |
|---|-------------------|------------------------|--------|-------|--------|
| 1 | Alexander Shirley | Maize High             | 151.5  | 405.0 | 10     |
| 2 | Brantley Furrow   | Goddard High School    | 155.4  | 395.0 | 8      |
| 3 | Maddox Shook      | Goddard High School    | 154.6  | 385.0 | 6      |
| 4 | Brandon Johnson   | Goddard High School    | 153.8  | 315.0 | 4      |
| 5 | Brekston Young    | Eisenhower high school | 155.0  | 300.0 | 2      |
| 6 | Clayton Cain      | Eisenhower high school | 155.0  | 285.0 | 1      |
| 7 | Caleb Sawyer      | Wellington High School | 154.1  | 280.0 | 0      |
| 8 | LEMMIE STONE      | COLUMBUS               | 150.0  | 275.0 | 0      |

| #  | Name           | Team                   | Weight | Squat | Points |
|----|----------------|------------------------|--------|-------|--------|
| 9  | River Cole     | Goddard High School    | 150.6  | 275.0 | 0      |
| 10 | Connor Fuhrman | Maize High             | 150.0  | 260.0 | 0      |
| 11 | Kyler Murphy   | Norwich High School    | 152.0  | 240.0 | 0      |
| 12 | Grant Giefer   | Wellington High School | 153.9  | 225.0 | 0      |
| 13 | Stephen Baca   | Goddard High School    | 153.4  | 135.0 | 0      |

### Men's 156.0 Clean results

| #  | Name              | Team                   | Weight | Clean | Points |
|----|-------------------|------------------------|--------|-------|--------|
| 1  | Alexander Shirley | Maize High             | 151.5  | 245.0 | 10     |
| 2  | Maddox Shook      | Goddard High School    | 154.6  | 245.0 | 8      |
| 3  | Kyler Murphy      | Norwich High School    | 152.0  | 210.0 | 6      |
| 4  | Connor Fuhrman    | Maize High             | 150.0  | 200.0 | 4      |
| 5  | Caleb Sawyer      | Wellington High School | 154.1  | 200.0 | 2      |
| 6  | Brekston Young    | Eisenhower high school | 155.0  | 200.0 | 1      |
| 7  | Brandon Johnson   | Goddard High School    | 153.8  | 195.0 | 0      |
| 8  | River Cole        | Goddard High School    | 150.6  | 185.0 | 0      |
| 9  | Clayton Cain      | Eisenhower high school | 155.0  | 185.0 | 0      |
| 10 | LEMMIE STONE      | COLUMBUS               | 150.0  | 175.0 | 0      |
| 11 | Brantley Furrow   | Goddard High School    | 155.4  | 175.0 | 0      |
| 12 | Stephen Baca      | Goddard High School    | 153.4  | 95.0  | 0      |
| 13 | Grant Giefer      | Wellington High School | 153.9  | 0.0   | 0      |

### Men's 156.0 Overall results

| # | Name              | Team                | Weight | Overall | Points |
|---|-------------------|---------------------|--------|---------|--------|
| 1 | Alexander Shirley | Maize High          | 151.5  | 875.0   | 10     |
| 2 | Maddox Shook      | Goddard High School | 154.6  | 875.0   | 8      |
| 3 | Brantley Furrow   | Goddard High School | 155.4  | 800.0   | 6      |
| 4 | Brandon Johnson   | Goddard High School | 153.8  | 700.0   | 4      |

| #  | Name           | Team                   | Weight | Overall | Points |
|----|----------------|------------------------|--------|---------|--------|
| 5  | River Cole     | Goddard High School    | 150.6  | 685.0   | 2      |
| 6  | Kyler Murphy   | Norwich High School    | 152.0  | 680.0   | 1      |
| 7  | Brekston Young | Eisenhower high school | 155.0  | 680.0   | 0      |
| 8  | Clayton Cain   | Eisenhower high school | 155.0  | 675.0   | 0      |
| 9  | Caleb Sawyer   | Wellington High School | 154.1  | 670.0   | 0      |
| 10 | Connor Fuhrman | Maize High             | 150.0  | 645.0   | 0      |
| 11 | LEMMIE STONE   | COLUMBUS               | 150.0  | 630.0   | 0      |
| 12 | Grant Giefer   | Wellington High School | 153.9  | 405.0   | 0      |
| 13 | Stephen Baca   | Goddard High School    | 153.4  | 375.0   | 0      |

## Men's 156.0 Ratio results

| #  | Name              | Team                   | Weight | Ratio | Points |
|----|-------------------|------------------------|--------|-------|--------|
| 2  | Alexander Shirley | Maize High             | 151.5  | 5.776 |        |
| 3  | Maddox Shook      | Goddard High School    | 154.6  | 5.66  |        |
| 6  | Brantley Furrow   | Goddard High School    | 155.4  | 5.148 |        |
| 20 | Brandon Johnson   | Goddard High School    | 153.8  | 4.551 |        |
| 21 | River Cole        | Goddard High School    | 150.6  | 4.548 |        |
| 26 | Kyler Murphy      | Norwich High School    | 152.0  | 4.474 |        |
| 28 | Brekston Young    | Eisenhower high school | 155.0  | 4.387 |        |
| 29 | Clayton Cain      | Eisenhower high school | 155.0  | 4.355 |        |
| 30 | Caleb Sawyer      | Wellington High School | 154.1  | 4.348 |        |
| 33 | Connor Fuhrman    | Maize High             | 150.0  | 4.3   |        |
| 37 | LEMMIE STONE      | COLUMBUS               | 150.0  | 4.2   |        |
| 70 | Grant Giefer      | Wellington High School | 153.9  | 2.632 |        |
| 74 | Stephen Baca      | Goddard High School    | 153.4  | 2.445 |        |