

# JR' WOMENS 7TH-9TH GRADE PWT RESULTS

## Jr' womens 7th-9th grade PWT Bench results

#	Name	Team	Weight	Bench	Points
1	Jalyn Hampton	Syracuse High School	160.0	105.0	10
2	Anelyse Thompson	Syracuse High School	176.0	85.0	8

## Jr' womens 7th-9th grade PWT Squat results

#	Name	Team	Weight	Squat	Points
1	Jalyn Hampton	Syracuse High School	160.0	170.0	10
2	Anelyse Thompson	Syracuse High School	176.0	165.0	8

## Jr' womens 7th-9th grade PWT Clean results

#	Name	Team	Weight	Clean	Points
1	Jalyn Hampton	Syracuse High School	160.0	115.0	10
2	Anelyse Thompson	Syracuse High School	176.0	85.0	8

## Jr' womens 7th-9th grade PWT Overall results

#	Name	Team	Weight	Overall	Points
1	Jalyn Hampton	Syracuse High School	160.0	390.0	10
2	Anelyse Thompson	Syracuse High School	176.0	335.0	8

## Jr' womens 7th-9th grade PWT Ratio results

#	Name	Team	Weight	Ratio	Points
2	Jalyn Hampton	Syracuse High School	160.0	2.438	
8	Anelyse Thompson	Syracuse High School	176.0	1.903	