

# WOMEN'S PWT RESULTS

## Women's PWT Bench results

#	Name	Team	Weight	Bench	Points
1	Rachel Friedrich	Clay Center Community High School	295.0	200.0	10
2	LIZZY WELCH	COLUMBUS	197.2	185.0	8
3	Halia Garman	Santa Fe Trail High School	235.0	185.0	6
4	Jiamilett Rodriquez	Scott City	222.5	160.0	4
5	Klarissa Nichols	Goodland	256.0	155.0	2
6	Leah Kesler	Hiawatha High School	239.0	140.0	1
7	Addison Vathauer	Perry-Lecompton	222.2	130.0	0
8	Sami Spoonemore	Santa Fe Trail High School	250.0	130.0	0
9	Josie Boyden	Perry-Lecompton	181.4	115.0	0
10	Taylee Williams	Perry-Lecompton	218.9	100.0	0

## Women's PWT Squat results

#	Name	Team	Weight	Squat	Points
1	LIZZY WELCH	COLUMBUS	197.2	425.0	10
2	Halia Garman	Santa Fe Trail High School	235.0	375.0	8
3	Jiamilett Rodriquez	Scott City	222.5	370.0	6
4	Leah Kesler	Hiawatha High School	239.0	355.0	4
5	Sami Spoonemore	Santa Fe Trail High School	250.0	345.0	2
6	Klarissa Nichols	Goodland	256.0	330.0	1
7	Rachel Friedrich	Clay Center Community High School	295.0	285.0	0
8	Taylee Williams	Perry-Lecompton	218.9	255.0	0
9	Addison Vathauer	Perry-Lecompton	222.2	235.0	0
10	Josie Boyden	Perry-Lecompton	181.4	200.0	0

## Women's PWT Clean results

#	Name	Team	Weight	Clean	Points
1	Leah Kesler	Hiawatha High School	239.0	190.0	10
2	Jiamilett Rodriquez	Scott City	222.5	185.0	8
3	Halia Garman	Santa Fe Trail High School	235.0	165.0	6
4	LIZZY WELCH	COLUMBUS	197.2	135.0	4
5	Klarissa Nichols	Goodland	256.0	135.0	2
6	Rachel Friedrich	Clay Center Community High School	295.0	135.0	1
7	Addison Vathauer	Perry-Lecompton	222.2	125.0	0
8	Sami Spoonemore	Santa Fe Trail High School	250.0	125.0	0
9	Josie Boyden	Perry-Lecompton	181.4	120.0	0
10	Taylee Williams	Perry-Lecompton	218.9	120.0	0

## Women's PWT Overall results

#	Name	Team	Weight	Overall	Points
1	LIZZY WELCH	COLUMBUS	197.2	745.0	10
2	Halia Garman	Santa Fe Trail High School	235.0	725.0	8
3	Jiamilett Rodriquez	Scott City	222.5	715.0	6
4	Leah Kesler	Hiawatha High School	239.0	685.0	4
5	Klarissa Nichols	Goodland	256.0	620.0	2
6	Rachel Friedrich	Clay Center Community High School	295.0	620.0	1
7	Sami Spoonemore	Santa Fe Trail High School	250.0	600.0	0
8	Addison Vathauer	Perry-Lecompton	222.2	490.0	0
9	Taylee Williams	Perry-Lecompton	218.9	475.0	0
10	Josie Boyden	Perry-Lecompton	181.4	435.0	0