# MEN'S 220.0 RESULTS

#### Men's 220.0 Bench results

| #  | Name             | Team                       | Weight | Bench | Points |
|----|------------------|----------------------------|--------|-------|--------|
| 1  | Robert Williams  | Hugoton                    | 210.0  | 290.0 | 10     |
| 2  | brady welker     | Scott City                 | 210.0  | 285.0 | 8      |
| 3  | Juan Aleman      | Stanton County Trojans     | 215.0  | 265.0 | 6      |
| 4  | Erek Lira        | Liberal High School        | 208.0  | 255.0 | 4      |
| 5  | Marco Alonso     | Liberal High School        | 219.0  | 245.0 | 2      |
| 6  | Mathew Trejo     | Liberal High School        | 218.0  | 225.0 | 1      |
| 7  | Jace Shrewsbury  | Meade High School          | 200.0  | 215.0 | 0      |
| 8  | Abdiel Cabezas   | Hugoton                    | 210.0  | 205.0 | 0      |
| 9  | Emilio Sandoval  | Liberal High School        | 216.0  | 200.0 | 0      |
| 10 | Gabe Crist       | Deerfield High School      | 210.0  | 185.0 | 0      |
| 11 | Zach Dreitz      | Liberal High School        | 213.0  | 185.0 | 0      |
| 12 | emilio Contreas  | Scott City                 | 203.0  | 175.0 | 0      |
| 13 | Colter Sawyer    | Medicine Lodge High School | 208.0  | 175.0 | 0      |
| 14 | Nathan Ward      | Liberal High School        | 207.0  | 150.0 | 0      |
| 15 | James Littlewood | Minneola High School       | 213.4  | 0     | 0      |

### Men's 220.0 Squat results

| # | Name            | Team                | Weight | Squat | Points |
|---|-----------------|---------------------|--------|-------|--------|
| 1 | brady welker    | Scott City          | 210.0  | 485.0 | 10     |
| 2 | Robert Williams | Hugoton             | 210.0  | 450.0 | 8      |
| 3 | Marco Alonso    | Liberal High School | 219.0  | 440.0 | 6      |
| 4 | Erek Lira       | Liberal High School | 208.0  | 405.0 | 4      |
| 5 | Abdiel Cabezas  | Hugoton             | 210.0  | 405.0 | 2      |
| 6 | Mathew Trejo    | Liberal High School | 218.0  | 405.0 | 1      |

| #  | Name             | Team                       | Weight | Squat | Points |
|----|------------------|----------------------------|--------|-------|--------|
| 7  | Juan Aleman      | Stanton County Trojans     | 215.0  | 365.0 | 0      |
| 8  | emilio Contreas  | Scott City                 | 203.0  | 335.0 | 0      |
| 9  | Emilio Sandoval  | Liberal High School        | 216.0  | 290.0 | 0      |
| 10 | Jace Shrewsbury  | Meade High School          | 200.0  | 285.0 | 0      |
| 11 | Colter Sawyer    | Medicine Lodge High School | 208.0  | 285.0 | 0      |
| 12 | Nathan Ward      | Liberal High School        | 207.0  | 275.0 | 0      |
| 13 | Zach Dreitz      | Liberal High School        | 213.0  | 245.0 | 0      |
| 14 | Gabe Crist       | Deerfield High School      | 210.0  | 0     | 0      |
| 15 | James Littlewood | Minneola High School       | 213.4  | 0     | 0      |

## Men's 220.0 Clean results

| #  | Name             | Team                       | Weight | Clean | Points |
|----|------------------|----------------------------|--------|-------|--------|
| 1  | brady welker     | Scott City                 | 210.0  | 330.0 | 10     |
| 2  | Robert Williams  | Hugoton                    | 210.0  | 290.0 | 8      |
| 3  | emilio Contreas  | Scott City                 | 203.0  | 245.0 | 6      |
| 4  | Erek Lira        | Liberal High School        | 208.0  | 245.0 | 4      |
| 5  | Marco Alonso     | Liberal High School        | 219.0  | 245.0 | 2      |
| 6  | Juan Aleman      | Stanton County Trojans     | 215.0  | 225.0 | 1      |
| 7  | Emilio Sandoval  | Liberal High School        | 216.0  | 220.0 | 0      |
| 8  | Abdiel Cabezas   | Hugoton                    | 210.0  | 215.0 | 0      |
| 9  | Mathew Trejo     | Liberal High School        | 218.0  | 215.0 | 0      |
| 10 | Jace Shrewsbury  | Meade High School          | 200.0  | 185.0 | 0      |
| 11 | Zach Dreitz      | Liberal High School        | 213.0  | 185.0 | 0      |
| 12 | Colter Sawyer    | Medicine Lodge High School | 208.0  | 175.0 | 0      |
| 13 | Nathan Ward      | Liberal High School        | 207.0  | 165.0 | 0      |
| 14 | Gabe Crist       | Deerfield High School      | 210.0  | 0     | 0      |
| 15 | James Littlewood | Minneola High School       | 213.4  | 0     | 0      |

#### Men's 220.0 Overall results

| #  | Name             | Team                       | Weight | Overall | Points |
|----|------------------|----------------------------|--------|---------|--------|
| 1  | brady welker     | Scott City                 | 210.0  | 1100.0  | 10     |
| 2  | Robert Williams  | Hugoton                    | 210.0  | 1030.0  | 8      |
| 3  | Marco Alonso     | Liberal High School        | 219.0  | 930.0   | 6      |
| 4  | Erek Lira        | Liberal High School        | 208.0  | 905.0   | 4      |
| 5  | Juan Aleman      | Stanton County Trojans     | 215.0  | 855.0   | 2      |
| 6  | Mathew Trejo     | Liberal High School        | 218.0  | 845.0   | 1      |
| 7  | Abdiel Cabezas   | Hugoton                    | 210.0  | 825.0   | 0      |
| 8  | emilio Contreas  | Scott City                 | 203.0  | 755.0   | 0      |
| 9  | Emilio Sandoval  | Liberal High School        | 216.0  | 710.0   | 0      |
| 10 | Jace Shrewsbury  | Meade High School          | 200.0  | 685.0   | 0      |
| 11 | Colter Sawyer    | Medicine Lodge High School | 208.0  | 635.0   | 0      |
| 12 | Zach Dreitz      | Liberal High School        | 213.0  | 615.0   | 0      |
| 13 | Nathan Ward      | Liberal High School        | 207.0  | 590.0   | 0      |
| 14 | Gabe Crist       | Deerfield High School      | 210.0  | 185.0   | 0      |
| 15 | James Littlewood | Minneola High School       | 213.4  | 0       | 0      |