

GIRLS 156.4 RESULTS

Girls 156.4 Bench results

#	Name	Team	Weight	Bench	Points
1	gennie vitt	st. paul high school	150.1	180.0	10
2	Calyn Baker	Clifton-Clyde	148.5	130.0	8
3	Alaina Kolbeck	Spearville High School	149.4	120.0	6
4	Lani Speer	Dighton High School	153.3	120.0	4
5	Reagan Smith	Norwich High School	155.0	120.0	2
6	Mylee Hammond	Clifton-Clyde	151.5	110.0	1
7	Avery Obermueller	Lincoln Leopards	153.8	105.0	0
8	Melissa Donecker	Central Plains	150.1	95.0	0

Girls 156.4 Squat results

#	Name	Team	Weight	Squat	Points
1	gennie vitt	st. paul high school	150.1	365.0	10
2	Calyn Baker	Clifton-Clyde	148.5	235.0	8
3	Alaina Kolbeck	Spearville High School	149.4	225.0	6
4	Reagan Smith	Norwich High School	155.0	220.0	4
5	Lani Speer	Dighton High School	153.3	215.0	2
6	Mylee Hammond	Clifton-Clyde	151.5	195.0	1
7	Avery Obermueller	Lincoln Leopards	153.8	180.0	0
8	Melissa Donecker	Central Plains	150.1	175.0	0

Girls 156.4 Clean results

#	Name	Team	Weight	Clean	Points
1	gennie vitt	st. paul high school	150.1	220.0	10
2	Lani Speer	Dighton High School	153.3	185.0	8

#	Name	Team	Weight	Clean	Points
3	Calyn Baker	Clifton-Clyde	148.5	160.0	6
4	Avery Obermueller	Lincoln Leopards	153.8	155.0	4
5	Reagan Smith	Norwich High School	155.0	155.0	2
6	Mylee Hammond	Clifton-Clyde	151.5	145.0	1
7	Alaina Kolbeck	Spearville High School	149.4	125.0	0
8	Melissa Donecker	Central Plains	150.1	125.0	0

Girls 156.4 Overall results

#	Name	Team	Weight	Overall	Points
1	gennie vitt	st. paul high school	150.1	765.0	0
2	Calyn Baker	Clifton-Clyde	148.5	525.0	0
3	Lani Speer	Dighton High School	153.3	520.0	0
4	Reagan Smith	Norwich High School	155.0	495.0	0
5	Alaina Kolbeck	Spearville High School	149.4	470.0	0
6	Mylee Hammond	Clifton-Clyde	151.5	450.0	0
7	Avery Obermueller	Lincoln Leopards	153.8	440.0	0
8	Melissa Donecker	Central Plains	150.1	395.0	0