

# GIRLS 148.4 RESULTS

## Girls 148.4 Bench results

#	Name	Team	Weight	Bench	Points
1	Angela Tavaréz	Ness City Eagles	142.0	140.0	10
2	Clara Kee	Frankfort High School	142.9	140.0	8
3	Jessica Ostermann	Clifton-Clyde	141.6	135.0	6
4	Kara Brakey	Spearville High School	145.7	135.0	4
5	Polly Damman	Clifton-Clyde	141.0	125.0	2
6	Maddie Myers	Wichita County	143.2	110.0	1
7	Caty Keller	Frankfort High School	146.8	110.0	0
8	Yolaine Luthi	Madison High School	148.2	105.0	0
9	emmy madl	st. paul high school	148.4	105.0	0
10	Brooke Gaines	Madison High School	141.1	95.0	0
11	Mia Benjamin	Spearville High School	145.2	0	0
12	Lilli Espinoza	Canton-Galva High School	146.1	0	0
13	Allison Adams	Wakefield High School	147.4	0	0
14	Karma Sieliet	Central Plains	148.2	0	0

## Girls 148.4 Squat results

#	Name	Team	Weight	Squat	Points
1	Maddie Myers	Wichita County	143.2	235.0	10
2	Clara Kee	Frankfort High School	142.9	230.0	8
3	Polly Damman	Clifton-Clyde	141.0	220.0	6
4	Kara Brakey	Spearville High School	145.7	215.0	4
5	Lilli Espinoza	Canton-Galva High School	146.1	210.0	2
6	Angela Tavaréz	Ness City Eagles	142.0	200.0	1
7	emmy madl	st. paul high school	148.4	200.0	0

#	Name	Team	Weight	Squat	Points
8	Mia Benjamin	Spearville High School	145.2	180.0	0
9	Allison Adams	Wakefield High School	147.4	180.0	0
10	Brooke Gaines	Madison High School	141.1	150.0	0
11	Karma Sieliet	Central Plains	148.2	140.0	0
12	Jessica Ostermann	Clifton-Clyde	141.6	0	0
13	Caty Keller	Frankfort High School	146.8	0	0
14	Yolaine Luthi	Madison High School	148.2	0	0

### Girls 148.4 Clean results

#	Name	Team	Weight	Clean	Points
1	Maddie Myers	Wichita County	143.2	175.0	10
2	Jessica Ostermann	Clifton-Clyde	141.6	160.0	8
3	Kara Brakey	Spearville High School	145.7	155.0	6
4	Clara Kee	Frankfort High School	142.9	150.0	4
5	Allison Adams	Wakefield High School	147.4	120.0	2
6	Yolaine Luthi	Madison High School	148.2	115.0	1
7	Lilli Espinoza	Canton-Galva High School	146.1	110.0	0
8	Brooke Gaines	Madison High School	141.1	105.0	0
9	Mia Benjamin	Spearville High School	145.2	105.0	0
10	Karma Sieliet	Central Plains	148.2	105.0	0
11	Caty Keller	Frankfort High School	146.8	100.0	0
12	emmy madl	st. paul high school	148.4	95.0	0
13	Polly Damman	Clifton-Clyde	141.0	0	0
14	Angela Tavarez	Ness City Eagles	142.0	0	0

### Girls 148.4 Overall results

#	Name	Team	Weight	Overall	Points
1	Clara Kee	Frankfort High School	142.9	520.0	0

<b>#</b>	<b>Name</b>	<b>Team</b>	<b>Weight</b>	<b>Overall</b>	<b>Points</b>
2	Maddie Myers	Wichita County	143.2	520.0	0
3	Kara Brakey	Spearville High School	145.7	505.0	0
4	emmy madl	st. paul high school	148.4	400.0	0
5	Brooke Gaines	Madison High School	141.1	350.0	0
6	Polly Damman	Clifton-Clyde	141.0	345.0	0
7	Angela Tavarez	Ness City Eagles	142.0	340.0	0
8	Lilli Espinoza	Canton-Galva High School	146.1	320.0	0
9	Allison Adams	Wakefield High School	147.4	300.0	0
10	Jessica Ostermann	Clifton-Clyde	141.6	295.0	0
11	Mia Benjamin	Spearville High School	145.2	285.0	0
12	Karma Sieliet	Central Plains	148.2	245.0	0
13	Yolaine Luthi	Madison High School	148.2	220.0	0
14	Caty Keller	Frankfort High School	146.8	210.0	0