

WOMEN'S 156.0 RESULTS

Women's 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Emmaline Primrose	Pratt High School	155.0	155.0	10
2	Jade Baker	Pratt High School	151.0	145.0	8
3	Calyssa Seger	Stanton County Trojans	149.0	125.0	6
4	Alaina Kolbeck	Spearville High School	153.0	125.0	4
5	Roxy Stone	SWH	155.6	125.0	2
6	Sydney Schears	Goodland	151.0	120.0	1
7	Liz Hawley	Meade High School	150.0	110.0	0
8	Elise Warden	Deerfield High School	156.0	105.0	0

Women's 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Emmaline Primrose	Pratt High School	155.0	285.0	10
2	Jade Baker	Pratt High School	151.0	245.0	8
3	Alaina Kolbeck	Spearville High School	153.0	240.0	6
4	Calyssa Seger	Stanton County Trojans	149.0	230.0	4
5	Liz Hawley	Meade High School	150.0	210.0	2
6	Sydney Schears	Goodland	151.0	210.0	1
7	Roxy Stone	SWH	155.6	185.0	0
8	Elise Warden	Deerfield High School	156.0	170.0	0

Women's 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Emmaline Primrose	Pratt High School	155.0	155.0	10
2	Roxy Stone	SWH	155.6	150.0	8

#	Name	Team	Weight	Clean	Points
3	Jade Baker	Pratt High School	151.0	145.0	6
4	Calyssa Seger	Stanton County Trojans	149.0	135.0	4
5	Alaina Kolbeck	Spearville High School	153.0	125.0	2
6	Liz Hawley	Meade High School	150.0	115.0	1
7	Sydney Schears	Goodland	151.0	110.0	0
8	Elise Warden	Deerfield High School	156.0	105.0	0

Women's 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Emmaline Primrose	Pratt High School	155.0	595.0	10
2	Jade Baker	Pratt High School	151.0	535.0	8
3	Calyssa Seger	Stanton County Trojans	149.0	490.0	6
4	Alaina Kolbeck	Spearville High School	153.0	490.0	4
5	Roxy Stone	SWH	155.6	460.0	2
6	Sydney Schears	Goodland	151.0	440.0	1
7	Liz Hawley	Meade High School	150.0	435.0	0
8	Elise Warden	Deerfield High School	156.0	380.0	0