

# WOMENS 156.0 RESULTS

## Womens 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Calyssa Seger	Stanton County Trojans	149.0	120.0	10
2	Kinsey Krom	Pratt High School	154.0	120.0	8
3	Kaedance Williams	Sterling High School	155.0	105.0	6

## Womens 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	Kinsey Krom	Pratt High School	154.0	255.0	10
2	Calyssa Seger	Stanton County Trojans	149.0	220.0	8
3	Kaedance Williams	Sterling High School	155.0	205.0	6

## Womens 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Kinsey Krom	Pratt High School	154.0	150.0	10
2	Kaedance Williams	Sterling High School	155.0	135.0	8
3	Calyssa Seger	Stanton County Trojans	149.0	130.0	6

## Womens 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Kinsey Krom	Pratt High School	154.0	525.0	10
2	Calyssa Seger	Stanton County Trojans	149.0	470.0	8
3	Kaedance Williams	Sterling High School	155.0	445.0	6