

# MENS 156.0 RESULTS

## Mens 156.0 Bench results

#	Name	Team	Weight	Bench	Points
1	Liam Marler	Ottawa High School	155.1	245.0	10
2	Jacob Hammann	Bishop Seabury	156.0	230.0	8
3	Mitch Long	Ottawa High School	148.1	225.0	6
4	MICAH BARON	Eudora HS CardinalSTRONG Powerlifting	155.6	225.0	4
5	Jacob Carlson	JCN	156.0	220.0	2
6	Paul Wiseman	JCN	150.0	215.0	1
7	Laiktin Cromer	Chapman KS	155.0	210.0	0
8	NICK ZARATE	Basehor Linwood	152.0	205.0	0
9	Evan Carr	Council Grove	153.0	200.0	0
10	david skaggs	Bonner Springs High School	154.0	200.0	0
11	Mason McCarthy	Wellsville High School	155.8	195.0	0
12	Blake Redmond	Silver Lake High School	154.4	185.0	0
13	Cameron Crooks	Council Grove	153.0	175.0	0
14	Nathaniel Torres	Maur Hill- Mount Academy	153.0	175.0	0
15	Harry Eisenbarth	Silver Lake High School	155.0	175.0	0
16	Julius Tolbert	Pleasant Ridge High School	156.0	175.0	0
17	Jace Goodman	Council Grove	149.0	170.0	0
18	Michael Gallagher	Santa Fe Trail High School	153.0	170.0	0
19	Eli Barnes	Silver Lake High School	153.0	170.0	0
20	Brody Renfro	Silver Lake High School	154.0	160.0	0
21	Hunter Dooley	Pleasant Ridge High School	153.0	155.0	0
22	Patrick Maderak	Maur Hill- Mount Academy	150.0	145.0	0
23	JACK PORTERFIELD	Basehor Linwood	153.4	0	0
24	Trent Slichter	Santa Fe Trail High School	154.0	0	0

## Mens 156.0 Squat results

#	Name	Team	Weight	Squat	Points
1	MICAH BARON	Eudora HS CardinalSTRONG Powerlifting	155.6	375.0	10
2	Liam Marler	Ottawa High School	155.1	360.0	8
3	Mitch Long	Ottawa High School	148.1	355.0	6
4	Blake Redmond	Silver Lake High School	154.4	355.0	4
5	NICK ZARATE	Basehor Linwood	152.0	345.0	2
6	david skaggs	Bonner Springs High School	154.0	330.0	1
7	Evan Carr	Council Grove	153.0	325.0	0
8	Paul Wiseman	JCN	150.0	320.0	0
9	Jacob Carlson	JCN	156.0	320.0	0
10	JACK PORTERFIELD	Basehor Linwood	153.4	315.0	0
11	Jacob Hammann	Bishop Seabury	156.0	315.0	0
12	Jace Goodman	Council Grove	149.0	305.0	0
13	Laiktin Cromer	Chapman KS	155.0	305.0	0
14	Eli Barnes	Silver Lake High School	153.0	275.0	0
15	Mason McCarthy	Wellsville High School	155.8	275.0	0
16	Cameron Crooks	Council Grove	153.0	270.0	0
17	Hunter Dooley	Pleasant Ridge High School	153.0	265.0	0
18	Michael Gallagher	Santa Fe Trail High School	153.0	245.0	0
19	Julius Tolbert	Pleasant Ridge High School	156.0	245.0	0
20	Brody Renfro	Silver Lake High School	154.0	225.0	0
21	Harry Eisenbarth	Silver Lake High School	155.0	225.0	0
22	Nathaniel Torres	Maur Hill- Mount Academy	153.0	215.0	0
23	Patrick Maderak	Maur Hill- Mount Academy	150.0	165.0	0
24	Trent Sleichter	Santa Fe Trail High School	154.0	0	0

## Mens 156.0 Clean results

#	Name	Team	Weight	Clean	Points
1	Mitch Long	Ottawa High School	148.1	265.0	10
2	MICAH BARON	Eudora HS CardinalSTRONG Powerlifting	155.6	245.0	8
3	Evan Carr	Council Grove	153.0	235.0	6
4	Blake Redmond	Silver Lake High School	154.4	235.0	4
5	Liam Marler	Ottawa High School	155.1	230.0	2
6	Jacob Carlson	JCN	156.0	230.0	0
7	Jacob Hammann	Bishop Seabury	156.0	230.0	0
8	Mason McCarthy	Wellsville High School	155.8	225.0	0
9	Jace Goodman	Council Grove	149.0	220.0	0
10	Eli Barnes	Silver Lake High School	153.0	200.0	0
11	Brody Renfro	Silver Lake High School	154.0	175.0	0
12	david skaggs	Bonner Springs High School	154.0	175.0	0
13	Harry Eisenbarth	Silver Lake High School	155.0	175.0	0
14	Julius Tolbert	Pleasant Ridge High School	156.0	160.0	0
15	Patrick Maderak	Maur Hill- Mount Academy	150.0	155.0	0
16	Hunter Dooley	Pleasant Ridge High School	153.0	155.0	0
17	Michael Gallagher	Santa Fe Trail High School	153.0	145.0	0
18	Nathaniel Torres	Maur Hill- Mount Academy	153.0	135.0	0
19	Paul Wiseman	JCN	150.0	0	0
20	NICK ZARATE	Basehor Linwood	152.0	0	0
21	Cameron Crooks	Council Grove	153.0	0	0
22	JACK PORTERFIELD	Basehor Linwood	153.4	0	0
23	Trent Sleichter	Santa Fe Trail High School	154.0	0	0
24	Laiktin Cromer	Chapman KS	155.0	0	0

## Mens 156.0 Overall results

#	Name	Team	Weight	Overall	Points
1	Mitch Long	Ottawa High School	148.1	845.0	10

<b>#</b>	<b>Name</b>	<b>Team</b>	<b>Weight</b>	<b>Overall</b>	<b>Points</b>
2	MICAH BARON	Eudora HS CardinalSTRONG Powerlifting	155.6	845.0	8
3	Liam Marler	Ottawa High School	155.1	835.0	6
4	Blake Redmond	Silver Lake High School	154.4	775.0	4
5	Jacob Hammann	Bishop Seabury	156.0	775.0	2
6	Jacob Carlson	JCN	156.0	770.0	1
7	Evan Carr	Council Grove	153.0	760.0	0
8	david skaggs	Bonner Springs High School	154.0	705.0	0
9	Jace Goodman	Council Grove	149.0	695.0	0
10	Mason McCarthy	Wellsville High School	155.8	695.0	0
11	Eli Barnes	Silver Lake High School	153.0	645.0	0
12	Julius Tolbert	Pleasant Ridge High School	156.0	580.0	0
13	Hunter Dooley	Pleasant Ridge High School	153.0	575.0	0
14	Harry Eisenbarth	Silver Lake High School	155.0	575.0	0
15	Michael Gallagher	Santa Fe Trail High School	153.0	560.0	0
16	Brody Renfro	Silver Lake High School	154.0	560.0	0
17	NICK ZARATE	Basehor Linwood	152.0	550.0	0
18	Paul Wiseman	JCN	150.0	535.0	0
19	Nathaniel Torres	Maur Hill- Mount Academy	153.0	525.0	0
20	Laiktin Cromer	Chapman KS	155.0	515.0	0
21	Patrick Maderak	Maur Hill- Mount Academy	150.0	465.0	0
22	Cameron Crooks	Council Grove	153.0	445.0	0
23	JACK PORTERFIELD	Basehor Linwood	153.4	315.0	0
24	Trent Sleichter	Santa Fe Trail High School	154.0	0	0